

Promoting Church wellness through priests

Kimie Bax RN is helping to keep the Church in this diocese spiritual healthy by promoting the overall wellness of its priests.
Page 4



Catholic
STEWARDSHIP APPEAL

“Renewed by resilience” . . . Page 5
R.I.P., Sr. Celly Ann Page 6
Pipe organs Page 10
A 40-year connection . . . Page 11
Advocating in the prison. . Page 15
Rosary in the Square . . . Page 18

The CATHOLIC MISSOURIAN

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Newspaper of the Diocese of Jefferson City

New and lasting signs of hope in the Resurrection



A full moon rises over the recently completed memorial on the site of the former Immaculate Conception mission church in Hamden, near Wien. This photo was featured in the photography competition at the Missouri State Fair in Sedalia this summer. Catholics observe November as the Month of All Souls. — Photo by Sharon Eastin

Missouri Knights to fund local evangelization programs through revamped R.I.B. program

By Jay Nies

A venerable institution that has helped thousands learn more about their faith is taking an even bigger step into Missouri’s Catholic parishes and families.

The Knights of Columbus Missouri State Council’s Religious Information Bureau (R.I.B.) is now helping the state’s four dioceses pay for programs that help form lifetime disciples.

The new R.I.B. motto, aimed at Knights and fellow parishioners alike, is “Learn Your Faith. Grow Your Faith, Live Your Faith.”

In the Jefferson City diocese, a \$49,150 grant will cover the cost of subscriptions for every parish to the Franciscan University at Home online faith-formation program.

The program offers a wealth of online workshops and

other learning materials for Catholics of all ages, produced by the world-renowned catechetics faculty of Franciscan University in Steubenville, Ohio.

The grant will also support the “Totus Tuus” weeklong summer faith-enrichment program for grade school and high school students in parishes throughout the diocese.

It will also help cover the cost of the Parish Coaching Cohort, a Catholic organization that helps small groups of parishes in the diocese work together to evaluate and improve the structures and methods they use to stay connected with families and young people and promote discipleship in everyday life.

“This grant will support some of our most successful programs and initiatives that are making a difference in parish

See R.I.B., page 21

St. Anthony in Camdenton opens new cemetery, columbarium

By Jay Nies

Jack Martin was steadfast in advocating for a proper resting place for deceased members of St. Anthony parish in Camdenton.

He died a few weeks after Father Daniel Lueckenotte blessed the new cemetery and columbarium on the grounds of St. Anthony Church this spring.

“I think he can rest in peace now,” said Fr. Lueckenotte, who served as pastor of the Camdenton parish from 2010 until June of this year.

The cemetery and the above-ground columbarium, made up of secure niches for cremated remains, are within walking distance of the church.

They are surrounded by mature trees and the glory of Creation.

“Having it right on the same ground as the church is neat, and it also highlights our sense of continuity there with those who went before us,” said Fr. Lueckenotte.

Father Daniel Vacca, who succeeded Fr. Lueckenotte as pastor in June, noted that having a cemetery near the church is an old tradition, especially for country parishes.

“It’s fitting that this cemetery has been established to complete our campus and to maintain the tradition of baptism-to-grave care for the faithful,” Fr. Vacca stated.

Rugged cross

As part of the prescribed rite, Fr. Lueckenotte blessed the columbarium, the gravesites and a simple cross.

“The ritual for dedicating a cemetery

See CEMETERY, page 19

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The National Shrine of Mary, Mother of the Church is seeking an Administrative Professional responsible for the oversight of office processes and procedures. This person shall supervise and coordinate all activities of the volunteer staff and provide administrative support for the Shrine Chairman of the Board. For complete job description and qualifications inquire by email to Sue Schneider at gmmothersshrine@gmail.com.

CATHOLIC CHARISMATIC RENEWAL



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Pray for deceased priests

Nov. 7 — **Msgr. Denis P. Mulcahy**, Immaculate Conception, Brookfield (1967)

Nov. 11 — **Fr. Leo P. Holdener**, St. Stephen, Indian Creek (1972)

Nov. 16 — **Fr. John B. Roettger**, St. Anthony of Padua, Folk (1961)

Seeking Christ for Our Nation

The next "Seeking Christ for our Nation" Masses will be celebrated on **Tuesday, November 5**, at 6:30 p.m. in St. George Church in Linn, and at 7 p.m. in St. St. Francis Xavier in Taos; and on **Tuesday, November 19**, at 6 p.m. in Our Lady of the Snows Church in Mary's Home.

Sr. Kathleen Wegman SSND to retire from diocesan duties Nov. 30

Sister Kathleen Wegman of the School Sisters of Notre Dame (SSND), diocesan director of pastoral and charitable services, has announced that she is retiring, effective Nov. 30.

She reached this decision in discernment with the leadership of her SSND community.

"We are grateful to her for her 50 years of active ministry in the Church, most especially the past 12 years serving in our diocesan leadership," stated Bishop W. Shawn McKnight.

Sr. Kathleen, a Jefferson City native, was appointed chancellor of this diocese in 2007, serving at the same



Sr. Kathleen Wegman SSND

time in various diocesan advisory and leadership roles.

She continued in most of those as diocesan director of

pastoral and charitable services, beginning this summer.

She recently celebrated her golden jubilee in religious life.

"I know she is looking forward to taking time for rest and renewal, and her order will benefit from her wisdom in a new retirement ministry opportunity," Bishop McKnight stated.

He said the diocesan cabinet is determining how best to ensure the continuing success of the work of her office, Pastoral and Charitable Services.

"We have been deeply blessed by her presence," the bishop stated. "May God bless Sr. Kathleen's next chapter of life and ministry."

Advent discussion groups in parishes on "Joy of the Gospel"

Bishop W. Shawn McKnight is encouraging Catholics throughout the diocese to participate in a small-group faith study program for Advent, known as "A Steward's Way."

The four-session series includes materials provided by the

diocese to facilitate discussions about "The Joy of the Gospel," Pope Francis's apostolic exhortation on the New Evangelization.

Bishop McKnight wants this to be part of the discernment process for a new pastoral plan for the diocese.

People who are already taking part in faith-sharing groups in their parish are encouraged to devote their sessions during Advent to "A Steward's Way."

People who aren't already in a small group are encouraged

to contact their parish office to start a group or join one that's being formed.

Virtual small-group sessions will also be offered in a closed Facebook group for people whose schedules don't allow them to attend the sessions in person.

Additional materials will be shared over the diocese's Facebook, Twitter and Instagram feeds.

Visit www.diojeffcity.org/advent-2019 for information.

Masses in Spanish

In addition to regular Spanish-language Liturgies in the diocese, Mass will be offered in Spanish on the following dates in November:

•Wednesday, Nov. 5, 6:30 p.m., Immaculate Conception Church, Macon

•Friday, Nov. 8, 5:30 p.m., St. Joseph Church, Louisiana

•Saturday, Nov. 9, 8 a.m., St. Joseph Church, Palmyra

•Tuesday, Nov. 19, 6:30 p.m., St. Pius X Church, Moberly

•Friday, Nov. 22, 5:30 p.m., St. Joseph Church, Palmyra

•Saturday, Nov. 23, 8 a.m., Holy Family Church, Hannibal

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"A diocesan paper serves as a bond of unity by publishing diocesan happenings and promulgating official regulations and decrees. It also plays a teaching role by reporting notable events of a religious and secular nature, and interpreting them in the light of Christian principles."
— Bishop Joseph M. Marling C.P.P.S., July 7, 1957

Bishop W. Shawn McKnight
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State's Catholic bishops seeking support for Medicaid expansion

By Jay Nies

Missouri's Roman Catholic bishops are encouraging voters to support a specific effort to expand eligibility for MO HealthNet, the state's Medicaid program.

Medicaid, funded by the federal and state governments, helps pay for healthcare for people with very low income.

"We support expanding (MO HealthNet) to cover low-income workers, since doing so will help lead to better health outcomes for them and enhance their ability to continue working to support themselves and their families," the bishops said in a statement released Oct. 16.

Missouri currently restricts access to Medicaid to people earning up to 22 percent of the federal poverty level. That amounts to \$5,665 per year for a family of four.

A group called Health-care for Missouri (www.healthcareformissouri.org) is collecting signatures for an initiative petition (No. 2020-063) to place a constitutional amendment onto a statewide ballot next fall.

If passed by in the November 2020 election, the amendment would require the state to expand Medicaid eligibility to people earning up to 133 percent of the federal poverty level. That amounts to \$34,247.50 per year for a family of four.

The bishops noted that MO HealthNet currently provides health coverage to the state's most vulnerable citizens, including the elderly, the disabled, pregnant women, and children.

"It plays a vital role in sustaining the healthcare delivery

system in our state," the bishops stated.

But because of the tight income restrictions, many Missouri citizens, including some who work two or more jobs in order to support their families, still lack access to affordable healthcare coverage.

"We encourage Catholics and others of goodwill to give serious consideration to supporting this effort to expand the Missouri Medicaid program," the bishops declared.

Medicaid expansion was included as part of the federal Affordable Care Act (ACA), passed in 2010, in order to provide coverage to low-income workers who aren't able to afford healthcare insurance premiums.

Part of the money to pay for that expansion was to come from a reduction in the amount of federal money hospitals receive to help patients who cannot afford treatment.

Much of that money goes toward covering Emergency Room visits, which are an expensive and inefficient way to receive healthcare.

Since passage of the ACA, 36 states and the District of Columbia have chosen to expand their Medicaid programs.

Numerous attempts to expand Medicaid in the Missouri General Assembly have failed, mostly due to the projected cost.

The bishops believe promoting better health and productivity will help offset the cost of expanding Medicaid.

They acknowledged in their statement that some people do not agree with expanding Medicaid by way of a constitutional amendment or in a manner that bypasses the state

legislative process.

Nonetheless, they said, "we offer our support for this effort because of the unmet healthcare needs of the working poor and to ensure the continued delivery of care to those who need it most through the Missouri healthcare system, including Missouri's Catholic hospitals."

The bishops said their support comes with the understanding that current federal law includes pro-life protections in Medicaid through the Hyde Amendment.

The bishops offered this guidance in their role as the board of directors of the Missouri Catholic Conference (MCC), public-policy agency for the state's four Roman Catholic dioceses.

Federal law allows churches and other nonprofit organizations to take positions on issues without promoting political candidates or parties.

The MCC said it's up to parishes in the state to decide whether to allow people to col-


lect signatures on parish property for this initiative.

"We would ask that if you do allow it, please be sure the ballot language does NOT include language mandating coverage for contraception and funding for Planned Parenthood, as an earlier petition for Medicaid expansion (No. 2020-027) included such language," said Deacon Tyler McClay, MCC executive director and general counsel.

The bishops' statement is signed by Archbishop Robert J. Carlson of St. Louis, executive chairman of the MCC; Bishop James V. Johnston Jr. of Kansas City-St. Joseph, MCC vice chairman; Bishop W. Shawn McKnight of Jefferson City, MCC general chairman; and Bishop Edward M. Rice of Springfield-Cape Girardeau.

For more information from the MCC about Missouri's Medicaid program, go to:

www.mocatholic.org/sites/missouricc/files/cm_messenger_219.pdf



Bishop McKnight's Calendar

NOVEMBER

Nov. 1 Mass, All Saints Day, 6:30 am, Cathedral of St. Joseph, Jefferson City

Nov. 2 Funeral Mass for Mark Gaydos, Brother of Bishop Emeritus John Gaydos, 11 am, St. Stephen Protomartyr Church, Affton; Mass, 4:30 pm, Chapel of St. Joseph, Kenrick-Glennon Seminary, St. Louis; Kenrick-Glennon Seminary Convivium Dinner Auction, 6 pm, St. Louis

Nov. 3 Confirmation Mass, 2 pm, Immaculate Conception Church, Jefferson City

Nov. 4 Mass, Diocesan Schools Professional Development Day, 9 am, Helias Catholic High School, Jefferson City; Confirmation Mass, 7 pm, Holy Spirit Church, Centralia

Nov. 6-7 Catholic Rural Life Board of Directors Meeting, Center for Catholic Studies, University of St. Thomas, St. Paul, Minnesota

Nov. 8 Memorial Mass for Deceased Priests of the Diocese of Jefferson City, 11 am, St. Pius X Church, Moberly

Nov. 9-15 USCCB General Meeting, Baltimore, Maryland

Nov. 17 Confirmation Mass, 2 pm, Our Lady of Lourdes Church, Columbia

Nov. 18 Confirmation Mass, 7 pm, Ss. Peter & Paul Church, Boonville

Nov. 19 Meet with Jefferson City Downtown Protestant Pastors and Father Jeremy Secrist, 11:30 am, Jefferson City; Meet with Whiteman Air Force Base Chaplains, 2:30 pm, Catholic Center, Jefferson City

Nov. 20 Planned Giving Council, 11:30 am, Central Bank, Jefferson City

Nov. 21-24 National Catholic Youth Conference, Indianapolis, Indiana

Latin Mass in Novinger

DATE: November 17
TIME: 4 pm

Mass in Latin the Extraordinary Form will be offered at 4 p.m. on Sunday, Nov. 17, in St. Rose of Lima Church, 716 E. Washington St. in Novinger.

Mass in Latin in the Extraordinary Form will also be celebrated at 6 p.m. on Sunday, Dec. 1.

Bishop McKnight's November prayer intention for our Local Church

For all our deceased family and friends, and for all the souls in purgatory: that the Lord may have mercy on them, and may they see the face of God and live.

Please be so kind as to make this a part of your group and private prayer.

Intención del mes de noviembre del Obispo McKnight por nuestra Iglesia Local

Por todos los difuntos de nuestra familia y amigos, y por todas las almas del purgatorio.

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Catholic

STEWARDSHIP APPEAL

Kimie Bax helping to bolster diocese's commitment to priest wellness

By Jay Nies

People on commercial flights are told that in an emergency, adults should put their own oxygen mask on before helping a child.

In other words, people need to take care of themselves in order to be able to take care of someone else.

That's the principle behind the Jefferson City diocese's new Priest Wellness Program.

"Basically, the healthier our priests are, the healthier the Church is going to be," said Kimie Bax, part-time priest wellness coordinator for the diocese. "That's something we all want."

Bishop W. Shawn McKnight appointed Mrs. Bax, a registered nurse and member of Cathedral of St. Joseph parish in Jefferson City, to her new role on July 1.

Mrs. Bax noted that anyone who works toward achieving wellness and balance in their lives will have fewer distractions and more energy for living out their vocation.

That certainly applies to priests. But the giving nature and hectic pace of priestly ministry aren't always conducive to wellness and balance.

"I see our priests giving so very much of themselves that they can lose sight of taking care of themselves," said Mrs. Bax.

The diocese recognized the need for the Priest Wellness Program for many reasons. While most people retire at or near age 65, most of the priests here continue to fully function in their ministries until 75. Many may continue serving after that in some capacity.

"With the average age of our

active priests being 57 years and the average age of our retired priests at 81 years, the risk is greater for them to experience some type of healthcare crisis or have increased needs due to health changes related to aging," said Mrs. Bax.

Also, with over 15 international priests serving in this diocese, "the possible need for assistance with maneuvering the healthcare system also exists," she said.

The Priest Wellness Program, under the direction of the office of Vicar for Priests, is funded by the generous giving to the Catholic Stewardship Appeal (CSA).

Its purpose is to promote, support and advocate for the health and well-being of the diocesan priests through a three-dimensional approach: physical wellness, emotional wellness and professional wellness.

Mrs. Bax's primary role is to tend to the physical needs of priests who are ailing, to offer support and guidance for priests who are coping with chronic illness or personal crises, or assist those who want to work on making healthier lifestyle choices.

She visits priests in their parishes, when they may be in the hospital, or in a short term or long-term care facility to assess for any health and well-being needs they may have.

She is also available to accompany them to doctor's visits at their request.

The diocese has stepped up its efforts on this front by providing counseling services for priests and diocesan employees through SupportLinc, offered through Christian Brothers insurance.

Counselors are available 24/7 to offer support and guidance with a broad range of challenges. Gala Wolfmeier, diocesan benefits coordinator, is the primary contact for those in need of emotional-wellness support.

Professionally,

various diocesan staff are trained and available to be coaches in assisting priests in developing positive skills as leaders of their parishes and ministries.

"We want to help them continue to realize the joy of the Priesthood through this ministry of wellness," said Mrs. Bax.



Kimie Bax, priest wellness coordinator for the Jefferson City diocese, visits with Father Colin Franklin, pastor of St. Joseph parish in Edina and the St. Aloysius mission in Baring and chaplain of the Catholic Newman Center in Kirksville, outside St. Joseph Church in Edina.

No one is required to make use of these services, but she wants the priests to know that "we're here to help if needed."

"Each time I visit with them, I hope they are reminded of how much Christ loves them," she said.

"God is there"

Mrs. Bax grew up in a solidly Christian home in Jefferson City, where she learned that she was loved by Jesus and to help others.

She thought about becoming a doctor but ended up changing her major several times in college before settling on nursing.

"I guess I was drawn to it," she said. "I felt that was where I was supposed to be, that it's what I was supposed to be doing."

She describes her profession

in the simplest of terms: "When somebody is sick, a nurse helps you feel better."

She believes this is holy work carried out in God's presence.

"The richness of getting to meet people, getting to know their stories and having the opportunity to take care of them when they may be at a very vulnerable time — Christ is there, working through you," she said.

"But He's also there when, as a nurse, you're losing your patience," she continued. "He's the One Who gives you the grace to persevere when you need it."

"That's where I'll take my head when I'm really challenged by someone — I do this for Him, I do this because He lives within you."

Catholic for a reason

Mrs. Bax met her husband Doug in Jefferson City. They were married in St. Peter Church near the State Capitol in 1986.

She entered the Roman Catholic Church through the Rite of Christian Initiation (RCIA) at Easter three years later.

"But I didn't fully embrace it until years later," she said. "In fact, I kind of dug my heels in against it."

She received an invitation from St. Peter parish in Jefferson City to take part in the RCIA while she was pregnant with their first son.

"I figured I'd eventually have to help my kids with their religion homework, so I figured I should go through it and at least be informed," she said.

She had a lot of questions and doubts. There were parts of the Nicene Creed that she avoided saying with the other people at Mass.

One day, she went to Monsignor Donald W. Lammers, who was her pastor, with a litany of objections to Catholic doctrine.

"In his wisdom and his humbleness, he let me talk," she recalled. "And as I walked out, he handed me a CD of the conversion story of Scott Hahn."

She listened to the world-renowned Catholic evangelizer, who had embraced Catholic Christianity fully after studying ancient Christian writings in an attempt to debunk the Church's authority.

"He's great because he gets it down to where you can really understand it," she said.

With a better understanding of the Catholic faith in her mind came a willingness to embrace it with her heart.

"I was praying to know and seek the one truth — God's truth — and I can now rest in the fact that I don't have to understand all of it, but have faith that this is the Church and the faith that Christ Himself started and meant for us all," she said.

Her husband, his family and the St. Peter parish community served as an everyday inspiration for her.

"I wouldn't be Catholic if it weren't for their witness," she said. "It wasn't through their words but through their actions that I saw how important their faith was to them."

The right questions

Mrs. Bax left nursing for 20 years while raising their four sons.

She returned to the profession part-time five years ago at SSM St. Mary's Hospital-Jefferson City.

"I'm back in it because it satisfies a calling that I have," she said. "It's one of my places of peace and joy, one of my roles in life that settles me."

She works mostly with inpatient cardiac rehab patients at SSM St. Mary's.

She helps with post-hospital follow-up care via telephone and visits to nursing homes.

See WELLNESS, page 27

"As each one has received a gift, use it to SERVE ONE ANOTHER as good stewards."

1 PETER 4:10



DIocese of
Jefferson City

Helias Catholic High School alumnus releases book on how to move forward after a loved one dies by suicide

By Jay Nies

Jason Holzer woke up early on his birthday this year and went for a morning run.

"That's the best time of day," he said. "My phone and all my devices were at home."

Blanketed by silence and the stars overhead, he filled up suddenly with peace and an overwhelming desire to let go of his anger, confusion, resentment and remorse.

"I want to forgive what's happened and be able to rejoice with you because you're in a great place!"

Mr. Holzer was speaking in his mind to his father, who had died by suicide 16 years before.

"What came next felt like just a normal conversation with my dad," he said. "It flowed like something spiritual, like nothing I could explain or recreate."

He recognized it as part of a very long answer to prayer.

God had sent Mr. Holzer the right people at the right time to help him through the various phases of grieving and growing up in the shadow of his father's death.

The 2003 Helias Catholic High School graduate wrote about these things in his recently released, 160-page book, *Shattered by Suicide, Renewed by Resilience: How to Move Forward After Being Left Behind*.

"This is how I picked up the pieces of my shattered heart — feelings of abandonment, anger, apathy, negative self-image, feelings of worthlessness — and turned all of that into a positive," he stated.

Mr. Holzer is now a teacher, coach and athletic director at St. Therese North, a Catholic parochial school in Kansas City.

He and his wife, Mary, have two children, ages 3 years and 6 months.

He began writing his book with the hope of helping other people come to terms with the death of a loved one by suicide.

He also hopes to help people recognize the warning

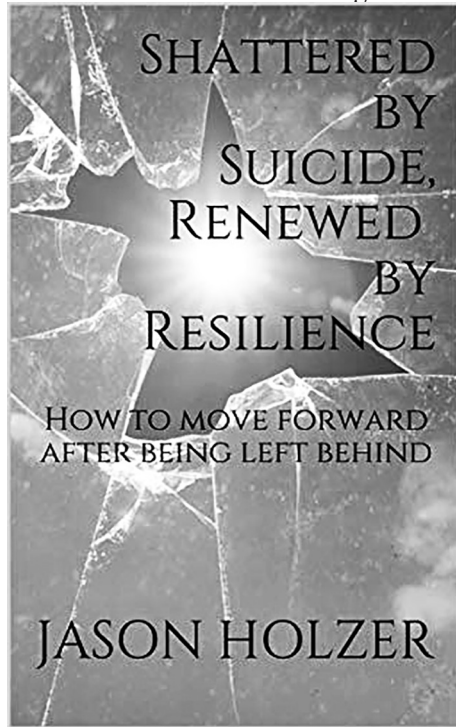
signs that someone might be contemplating suicide.

"I'm using my story and my book to bring some awareness and start tackling what seems to be turning into an epidemic," he said.

No warning

Mr. Holzer grew up in the tight-knit community of Taos, just east of Jefferson City.

"Mom and dad had a great



marriage," he recalled. "From my 17-year-old perspective, I saw a couple that loved each other immensely. They had been together since high school.

"I always felt they were going to be 100 years old and still married," he said.

His dad was well liked and volunteered at church and around the community.

He was an electrician and loved his work. Creative and talented, "he could do just about anything with his hands," said Mr. Holzer.

"Everybody liked him," he said. "He was very helpful. As a boy, I saw him helping people and that was something I wanted to grow up and be like."

His death sent shockwaves through his family and all the lives he had touched.

"It was very unexpected," said Mr. Holzer. "No one could believe it had happened to him. Everything can look perfect on the exterior, but everything can be crashing on

the interior."

People rallied around Jason, his mother and two younger sisters, enveloping them in prayer and support in the months following the death in their family.

All the while, each of them grieved in his or her own way.

"I went from anger that he's gone, to confusion, to kind of resentment," said Mr. Holzer. "At the same, I was numb and trying to escape from the pain by choosing not to feel it."

He also felt guilt and shame: "What did I do that helped cause this? Or what should I have done to help keep it from happening?"

He couldn't stop asking the most difficult question of all: Why?

His family was very supportive, as were his friends in high school and college.

"God put the right people in my life to guide me and help me make the right choices and get me to a place as an adult where I can make a difference going forward," he said.

He stayed close to God, partaking of retreats, the sacraments, fellowship and prayer.

"I asked God for wisdom, I asked for help," he said.

The Lord sent him mentors and comforters in the form of family members, teachers, coaches, friends, coworkers and his wife.

But sometimes, he didn't feel comfortable talking about what was going on in his mind and his heart.

That's when he started writing to God in a journal.

"I asked Him questions and told Him what I was thinking and feeling," said Mr. Holzer. "Sometimes it took the form of creative writing and poetry."

Faith helped him find healing and share that with the people he loves.

"What God has helped me understand through my prayers and the healing process is that there was some 'invasive darkness' that was clouding my dad's logic," he said.

"It had less to do with the people around him than the

fact that he not taken care of himself mentally and had instead allowed external circumstances overwhelm him," said Mr. Holzer. "It got where he believed this was his only escape."

Focus on gratitude

The first part of the book tells Mr. Holzer's story.

The second part outlines a 15-point cycle for creating positive habits and rejecting negativity.

"So it's kind of like putting a puzzle together, and you never stop," he said.

He emphasized how important it is for people to take care of their mind, body and spirit, focusing on all the things to be grateful and hopeful for.

He said suicide is "a great big elephant in the room and no one is talking about it."

"How can we help keep each other from getting to a point where our own lives don't matter anymore?" he said. "We need to be asking God: 'How can we care better? How can we love better? How can we interact better? Show us the way to be really present to each other.'"

It's also important to recognize that God pours beautiful and important gifts into every person He creates.

"Gratitude is what keeps us connected to God," said Mr. Holzer. "He is willing to give you everything you need in life, if you are willing to use what He gives you to make His world a better place."

"Still with us"

He said it's important for people who know someone who has lost a loved one to suicide to "be empathetic rather than sympathetic."

"Empathy is showing peo-

ple you care, not only by asking how they're doing, but also helping them get out of their routine," he said.

"It's okay to ask questions," he continued. "Listen without judgement, and make it clear that you know you'll never really understand what they're going through."

"And help them think ahead: 'What are you looking forward to?'"

He said to never underestimate the power of one simple act of kindness "to completely flip a person's day, or week, or month, or life."

Mr. Holzer still carries some of the pain.

"When I got married, when our children were born — anytime there's a big celebration, there's a reminder," he said.

"But we keep going back to: we have a life and a lot of good things to celebrate," he continued. "We see him in our children. We see him in our lives and in things that happen. We know he is still with us."

#bethelight

Shattered by Suicide, Renewed by Resilience is available at the Downtown Book & Toy stores in Jefferson City and on [Amazon.com](https://www.amazon.com).

Mr. Holzer will hold a book-signing from 9 to 11 a.m. on Friday, Nov. 29, at Downtown Book & Toy at the Capital Mall.

He also plans to take part in Missouri River Regional Library's Local Authors Showcase from 1:30 to 4 p.m. on Sunday, Dec. 8.

He can be found on Twitter @coach_holzer, on Facebook at *Jason Holzer: Coach, Speaker, Author* and on Instagram at *Jholzer*.

He uses the hashtags #bethelight and #act2impact.

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Sr. Celly Ann Amparano, 71, was an educator, mentor, interpreter

Sister Celly Ann Amparano would say her mission in life was “to be strong and loving to the people, to be positive and to be that person who can bring Jesus to them.”

She succeeded on many fronts.

Sister Celly Ann, 71, of the School Sisters of Notre Dame (SSND), a medial interpreter for El Puente–Hispanic Ministry in Jefferson City, died on Oct. 16 in St. Louis.

She had been under treatment for multiple myeloma, a type of blood cancer.

She previously served as a teaching principal at St. George School in Linn and St. Mary School in Frankenstein, and taught at St. Stanislaus School in Wardsville.

The Funeral Mass was celebrated on Oct. 22 in the chapel of Santa Maria in Ripa, the SSND motherhouse in St. Louis.

“She was a wonderful person and friend,” Sharon Grellner of St. George parish in Linn stated on the diocesan Facebook page.

“She was an amazing principal,” stated Samantha Brandt, also of St. George in Linn. “Thanks for helping me to find my voice, Sr. Celly Ann! I will forever sing for you and remember.”

“She was such a blessing for our community and she will be terribly missed,” stated Aurora Guillen, a member of St. Peter parish in Jefferson City.

“God took me away”

Sr. Celly Ann was born on Dec. 21, 1947, in Fresno, California, the third of four daughters of Manuel and Mercedes Amparano.

Her father was a rancher, working mostly in cotton and irrigation, and her mother was a beautician.

The children would often fall

asleep listening to their grandmother praying the Rosary.

Since they did not have many close neighbors, the four girls depended on each other for companionship.

Sr. Celly Ann learned conversational Spanish at home.

During her youth, she worked in the fields, picking figs and cutting grapes to make money for school clothes.

She later became a teacher assistant at Teague Elementary School in Fresno.

She graduated from Fresno State College in 1973 with a bachelor’s degree in social science and obtained her California Teaching Credential in 1975.

She began teaching at St. Helen School in Fresno, where she met several School Sisters of Notre Dame.

“I became friends with them,” she recalled in 2017. “I got caught up in their joy. I kept thinking, ‘What makes them so joyful and at peace?’ That just kept drawing me more and more to their life.”

The following summer, she drove to St. Louis with Sister Nancy Flamm SSND and participated in a discernment program in New Madrid.

That experience of prayer, community and sharing brought great peace to her. She realized that she was being called to become a sister.

“God just took me away!” she said. “Listening to the sisters sing in the chapel — it just lifted me up, heart and spirit!”

Buried treasure

She entered the SSND postulancy on Sept. 4, 1977.

Four months later, she was received into the novitiate and lived at Sancta Maria in Ripa in St. Louis, for her canonical year.

Religious life helped her appreciate the gift of her Hispanic heritage and of having grown up with two languages.

“My parents spoke to each other in Spanish,” she recalled in 2017. “But when we started school, they only spoke English to us and wanted us to speak English at home.”

She got to where she didn’t want to speak Spanish anymore, because she didn’t think she was pronouncing it well.

“But after I became a School Sister of Notre Dame, that changed drastically!” she said. “Being an SSND made me proud of being Hispanic and proud to be able to speak to so many people.”

Called by music

Sister Barbara Neist SSND, who served with her in San Antonio, Linn and Jefferson City, said Sr. Celly Ann lived in a beautiful way the SSND charism of “making one.”

“She brought people together and made everyone feel welcome and accepted,” she said.

She said Sr. Celly Ann had a heart for people who struggle in life, and dedicated her own life to serving them.

“She truly wanted each person to know his or her dignity and worth,” said Sr. Barbara.

She was full of hope and joy, keeping a positive attitude and sense of humor, even through the past several years of illness and pain.

She loved music and playing guitar at Mass.

“God spoke to her and called her through music,” said Sr. Barbara. “She thoroughly enjoyed working with student choirs in all her ministries as a teacher and principal and most recently with the adult choir at St. George in Linn, and the Spanish choir at St. Peter in Jefferson City.”

Recognizing potential

Sr. Celly Ann made first promises on July 1, 1979, and professed final vows on Feb. 21, 1985, at St. Helen in Fresno, California.

She taught junior high students at Holy Angels School in East St. Louis, Illinois; St. Marianne de Paredes School in Pico Rivera, California; and Santa Isabel School in Los Angeles.

She served as principal for



Sr. Celly Ann Amparano SSND (1947-2019)

13 years at Santa Isabel School, then for another 13 at St. Philip of Jesus in San Antonio, Texas.

Justina Ozuna Heredia of San Antonio credited Sr. Celly Ann for opening up her love for music ministry and her talent for singing, acting and performing.

James P. Garza of San Antonio said Sr. Celly Ann was one of the most influential people he has ever known.

“She made St. Philip of Jesus, which was a small Southside school, into one recognized throughout the Archdiocese of San Antonio,” he stated.

Danielle Charles of San Antonio called Sr. Celly Ann “the glue that held our St. Philip of Jesus School family together.”

She “taught me what it was to love God and to serve Him,” Ms. Charles stated, and inspired her to become a music minister in the Church.

“It’s almost overwhelming to think of how many students and parents this woman made an impact on,” stated Kellie Rose Alcozer of San Antonio.

“She laid the foundation for my faith in God, and taught me that church isn’t only a place for praying,” she said.

Ryan Scott Benavides of San Antonio said God gave Sr. Celly Ann many gifts, but the greatest was how she “took a student’s potential and multiplied it to show the world

God’s love through their talents.”

“A good slowing-down”

Sr. Celly Ann came to the Jefferson City diocese in 2007 to serve as principal of St. George School in Linn.

She encountered numerous opportunities to bond with students by teaching them music and offering seventh- and eighth-grade Spanish classes.

She brought with her a 30-year tradition of having the students on Palm Sunday act out the story of Jesus’s passion and death.

“It really comes to life for them, and for the parents as well,” she stated in 2009.

In 2014, she became a consultant for Hispanic outreach in the Jefferson City diocese, serving in that role for two years.

In 2016, she began a challenging, 40-credit-hour course of study to become a certified medical interpreter for El Puente–Hispanic Ministry in Jefferson City.

She wound up taking a semester off to teach music at St. Stanislaus School in Wardsville.

“I love music and helping the kids sing by themselves and sing at Mass,” she said in 2017. “It filled me with so much life! It slowed me down a little in what I was doing, but it was a good slowing-down.”

Being a bridge

Upon completing her certification, she went about helping people who did not know English communicate with doctors and other healthcare providers during medical appointments and hospital visits.

Leaving her ministry at El Puente to begin treatment for cancer saddened her.

“During her short time in that ministry, she came to love each person she served,” said Sr. Barbara.

Surviving are three sisters; Anita (Dave) Hoth of Alta Loma, California; Mary (Ron) Gonzales of Las Vegas, and Gloria Amparano of Fresno, California, and numerous nieces and nephews.

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At USCCB assembly, bishops to review third-party reporting system, elect new officers

Catholic News Service

Washington, D.C.

An update to the Program on Priestly Formation, a progress report on the establishment of a nationwide, third-party reporting system for abuse or misconduct by bishops, and a vote on new leadership for the U.S. Conference of Catholic Bishops (USCCB) are on the agenda for the bishops' fall general assembly.

Gathering in Baltimore Nov. 11-13, the bishops also will review and vote to approve a short letter and five short video scripts to supplement "Forming Consciences for Faithful Citizenship," the bishops' quadrennial teaching document for the faithful on the political responsibility of Catholics.

The changes in the sixth edition of the Program on Priestly Formation have been in the works for more than a year.

The document has governed seminary formation in the United States since the bishops issued the first edition for dioceses in 1971.

At their June assembly, the bishops overwhelmingly voted to authorize the implementation of a third-party system that would allow people to make confidential reports of abuse complaints against bishops through a toll-free tele-



Bishops listen to a speaker Nov. 14, 2018, at the fall general assembly of the U.S. Conference of Catholic Bishops in Baltimore. The bishops will gather for their annual meeting in Baltimore Nov. 11-13, 2019.
— CNS photo/Bob Roller

phone number and online.

This new national reporting system would not replace systems already in place in every diocese for the reporting of abuse by priests. It is to be operated by an outside vendor contracted by the USCCB and should be in place no later than May 31, 2020.

The "Faithful Citizenship" document traditionally has been updated and released about a year before the presidential election every four years. It was last updated in 2015.

The new materials will "apply the teaching of Pope Fran-

cis to our day," the bishops said in agreeing to supplement the document in order to generate more interest in it.

The bishops also will elect a new president, a vice president, a chairman for the U.S. Conference of Catholic Bishops' Committee for Religious Liberty and chairman-elect for five USCCB committees: canonical affairs and Church governance; ecumenical and interreligious

affairs; evangelization and catechesis; international justice and peace; and the protection

of children and young people. They also will elect the new board of directors of Catholic Relief Services, the U.S. bishops' overseas relief and development agency.

of children and young people.

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The assembly will begin with an address by Archbishop Christophe Pierre, papal nuncio to the United States.

Cardinal Daniel N. DiNardo of Galveston-Houston will give his final address as USCCB president; his three-year term ends at the close of the assembly.

The U.S. bishops also will hear a report from the Nation-

al Advisory Council, a group made up of religious and laypeople that is a consultative body for the USCCB Administrative Committee.

In other action items include:

- The USCCB members of Latin-rite dioceses will vote to approve two translations by the International Commission on English in the Liturgy: a translation of the Order of Christian Initiation of Adults as the base text for a future edition of the rite in U.S. dioceses; and a translation of the Hymns of the Liturgy of the Hours for use in the dioceses.

- The Subcommittee on Hispanic Affairs of the Committee on Cultural Diversity in the Church will request authorization from the full body of bishops to lead the process

of developing a new formal statement and comprehensive vision for Hispanic/Latino ministry in response to the V Encuentro, or National Fifth Encuentro. The

statement and vision document would be developed and approved by the bishops during the next USCCB strategic planning cycle, which is 2021-2024.

- The bishops also will vote on the USCCB budget for 2020 and give final approval to a new set of strategic priorities to guide the work of the conference from 2021 through 2024: evangelization, life and dignity of the human person; "protect and heal God's children" and vocations, equipping "all Christ's disciples for mission."

Free meal and fellowship in J.C. on World Day of the Poor

DATE: November 17
TIME: 1-4 pm

All are invited to share a free meal and fellowship with members of St. Peter parish in Jefferson City on Sunday, Nov. 17, designated by Pope Francis as the 2019 World Day of the

Poor.

The event will include a social hour from 1 to 2 p.m. and a meal served from 2 to 4 p.m. in the Selinger Catholic Hospitality Centre on Broadway Street next to the church.

Free trolley rides will be available from 1 to 4 p.m. to

and from the Selinger Center and the Sav-A-Lot parking lot on East McCarty Street; the Salvation Army on Jefferson Street; and Dulle and Hamilton Towers on Jackson Street.

Attendance prizes and giveaway items will be on hand.

Serving meals at J.C. Salvation Army

The Jefferson City diocese's Women's Ministry is working in partnership with the Jefferson City Salvation Army to feed the hungry.

Teams of eight to 10 are forming to provide a dinner meal for people who are homeless at the Salvation Army's Center of Hope in Jefferson City.

Families, coworkers and friends are welcome to take part. Each team will create the menu and will

provide and serve the meal to about 100 people.

"The need is real. The need is now!" said LeAnn Korsmeyer, women's ministry coordinator for the diocese.

For information, contact Virginia Shetler at (573) 619-0104 or vibrantvj@gmail.com or LeAnn Korsmeyer at (573) 690-2882 or lkorsmeyer@diojeffcity.org.

Following the bishops' assembly

Public sessions of general assembly discussions and votes as well as portions of the day of spiritual discernment will be available via livestream at www.usccb.org/live. News updates, vote totals, texts of addresses and presentations and other materials for the bishops' November assembly will be posted to this page: www.usccb.org/meetings as soon as possible.

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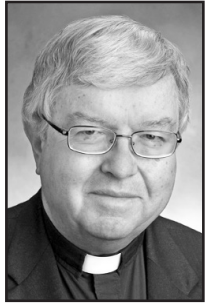
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QUESTION CORNER

Eligibility for sacrament of the sick /
When to offer both species

By Father Kenneth Doyle

Catholic News Service



Q. I recently received the sacrament of the sick — prior to a cardioversion, which involves an electric shock to the heart. After the anointing, my wife mentioned to our pastor that we might be asking for the sacrament again, prior to some planned knee surgery. If we understood correctly, our pastor said that he only administered the sacrament for “serious” medical conditions — leading us to believe that we should not ask for it for “routine” knee surgery. My wife and I are both in our 70s. We are aware of the “consent” that must be signed at the hospital prior to surgery, and we believe this document is based on the possible effects of the anesthesia. Considering this, and the fact of our ages, are we wrong to ask to be anointed prior to such knee surgery? Who makes the call on whether we should have the sacrament — we or our pastor? (Richmond, Virginia)

A. Both the Code of Canon Law and the *Catechism of the Catholic Church* offer some guidance as to when the sacrament of the sick can be administered. Canon 1004.1 says that it is given “to a member of the faithful who, having reached the use of reason, begins to be in danger due to sickness or old age.”

The *Catechism* highlights that this anointing is not meant to be limited to those who are right at the point of death (No. 1514). The pastoral judgement of the priest does determine when a person is eligible, but my experience has been that most priests tend to be permissive, especially when the person has asked for the sacrament.

In your own situation, I find your argument about anesthesia to be persuasive. In looking at parishes’ websites with regard to this sacrament I found, for example, that St. Mary’s Catholic Church in Sandusky, Ohio, says that “you may ask to receive the sacrament any time that you are to undergo surgery under general anesthetic.”

I consider this a reasonable guideline and if your pastor is unwilling, I would encourage you simply to ask a different priest.

Q. In my new diocese, parishes do not seem to offer the precious blood at Holy Communion time. Do certain dioceses restrict that as a “privilege,” when in fact it is a command from Jesus? Christ opted to offer the two species to us separately: “Unless you eat the flesh of the Son of Man and drink His blood ...” I am a religious sister with great devotion to the Eucharist for nearly 60 years, and I am wondering if the faith of Catholics who no longer believe in the real presence might not be strengthened by a catechesis on receiving under both species. (And to be honest, it just seems like another way to exclude folks from a clerical privilege, as even our lectors are not invited to receive from the cup.) I would appreciate your thoughts. (Trenton, New Jersey)

A. For the first 11 centuries of the Church’s history, the Eucharist was customarily received by the faithful under the forms of both bread and wine; but then that custom fell out of practice, in part because Catholics began to receive Holy Communion less frequently.

In 1963, the bishops of the Second Vatican Council restored the option for the faithful to receive also from the chalice. The “Norms for the Distribution and Reception of Holy Communion under Both Kinds,” issued by the U.S. Catholic bishops in

See DOYLE, page 17



Papal Audience

October 30, 2019

Dear brothers and sisters:

In our catechesis on the Acts of the Apostles, we now consider several events of Paul’s second missionary journey. Guided by the Holy Spirit, Paul sets sail for Macedonia, where, in Philippi, he first preaches to a group of women gathered for the Sabbath. One of them, Lydia, opens her heart to welcome Jesus, and, together with her household, is baptized. As a result, she opens her home to Christ’s followers, giving an example of the Christian hospitality born of faith. Cast into prison for healing a slave girl, Paul and Silas pray fervently to the Lord and are freed of their chains by a sudden earthquake. This prompts their jailer to ask how he too can be saved, and after hearing the word of the Lord, he receives baptism together with his family. In these events we see the working of the Holy Spirit and the unchained power of the Gospel. Let us ask the Holy Spirit to open our hearts, like that of Lydia, to welcome His word and to serve others, and, like Paul and Silas, to be strengthened in the faith that alone can break the chains that enslave us and those around us.

I greet the English-speaking pilgrims and visitors taking part in today’s audience, especially the groups from England, Ireland, Denmark, Australia, Korea, Indonesia, Israel, the Philippines, Canada and the United States of America. Upon all of you, and your families, I invoke the joy and peace of our Lord Jesus Christ. God bless you!

Voices from the Vineyard

By Edén Gordon

I work with the youngest girls, ages 2-7. As we neared the end of the most recent school year, it became clear that one of the girls, living in a dorm for older children, was going to be demoted. Her name was Veronica, and she had failed the first grade.

The Sisters who run the orphanage believed she would benefit from being placed in a different setting, with a smaller group of girls.

Before Veronica even stepped foot in my dorm, she became one of “my girls.” I prayed for her. I played with her. And every time I saw her, I gave her a huge bear hug, and begged, “Vero, when are you coming to live with me in our dorm? I’m waiting! I want you here so bad.”

When she finally arrived, she brought nothing with her — for she had nothing to bring. She simply marched in, glowing with confidence, and announced, “Edén! I am here now. I am here to live with you!”



Every night, as I put the girls to bed, I give them each a hug, a kiss, a fist bump and a high five. Months after Veronica had first joined us, she chose one particular night to pose an important question. Vero usually hugs me as hard, or as fast, as possible — but this time, she offered such a gentle, long hug.

Without letting go, she quietly asked, “Edén, you want me, right? You wanted me here with you. Right?” Holding her tightly, I assured her, “Of course, Vero, of course. I love you, and I want you here!” On the verge of tears, I wondered if anyone had ever told

her this before.

On the surface, my job in Bolivia is to take care of 17 rambunctious little girls. But now, thanks to Vero, I understand that my mission is to ensure that each one of them hears the Good News. Every person, and especially every child, has a right to know that they are loved, that they are precious children of God, and that they are wanted!

Gordon is a Salesian Lay Missioner working in Bolivia. (<https://salesianmissions.org/>)

Workshop in Holts Summit on vaping

DATE: November 14
TIME: 6:30 pm

St. Andrew parish in Holts Summit will hold a workshop titled “Vaping: How Dangerous Is This?” at 6:30 p.m. on Thursday, Nov. 14.

It will be held in Veit Hall at St. Andrew Church, 400 St. Andrews Drive, off Center Street.

The program is geared toward middle school and high school students as well as their parents and grandparents and anyone else interested in this public health problem.

Dr. Joy Sweeney, executive director of the Council for Drug Free Youth, will present information about the adverse impact of vaping. She has studied the problem for sev-

eral years and is extremely concerned by the steep increase in vaping by young people.

For information, contact Vickie Pabst at (573) 635-8313.

Charismatic Mass Nov. 3

DATE: November 3
TIME: 4 pm

The Service Team for the Catholic Charismatic Renewal in the Jefferson City diocese will sponsor a Charismatic Mass on Sunday, Nov. 3, at 4 p.m. in Our Lady of Lourdes Church, 903 Bernadette Drive, near Stadium Boulevard and I-70.

There will be praise and worship, preaching and prayer for individual needs.

All are invited to attend. For information, call (573) 629-5136.

Is your smartphone stressing you out?

By Brett Robinson
Catholic News Service



According to the American Psychological Association, nearly half of millennials worry about the negative effects of social media on their physical and mental health. The same young adults reported feeling disconnected from family even when they are together.

Americans have started to develop strategies to deal with technology concerns. Some common approaches include prohibiting cellphones at the dinner table, doing a “digital detox” periodically and turning off social media notifications.

Asking for prayer

By Deacon Chris M. Wickern

I recently had reason to ask others for prayer, and it was a surprisingly tough decision. People have asked me to pray for their health, well being, better employment, employment for their kids, even sick pets, and all done without question. Asking others for prayer? Not so much, and I realized I was keeping my greatest prayer needs personal and private. I had to ask myself; am I really in “communion” if I keep my prayer needs personal and private?

Sometimes the answer to a question is more questions. I found myself asking if this wasn't some false sense of pride; me not wanting others to know “my” business or to see “my” flaws. Doesn't that change my prayer from a communal act; to one that is just between “me and my God?”

I began to reflect on the meaning of communion. We come to Mass, receive Holy Communion, and the Eucharist unifies us. Is that it? Does joining in our Eucharistic celebration mean we have entered into “communion”? The answer is yes and no. Our Eucharistic celebration unites us to Christ along with everyone else, but we are also the members of Christ's body on earth today. We do not stand alone away from Mass.

The word communion comes from the Latin word *communio* which is the root word for communion as well as several other English words. One of these is community. Community is defined as a unified body of individuals. Some will say, “wait a minute, you mean we come together as a *unified body*?” But, I'll never be in unity with him.” Sure you will. They are as much a part of the community as you are. If you deny him standing in the commu-

All of these strategies are commendable, but they fail to address the more fundamental change being wrought by the digital environment on our psyches.

When we learn to read, our brain changes. Scientists refer to this as “neuroplasticity.” This just means that all of our experiences have the potential to forge new connections between the “circuits” in our brain. No matter how old we are, there is always some capacity for “rewiring” the way we think.

Digital tools have introduced new changes in the brain, not all of them good. Distraction and heightened anxiety are all too common features of life in the digital age. The strategies that restrict smartphone use in family situations are attempts to lessen these effects, but they don't attend to the deeper transformation taking place.

There is a Greek word, “*metanoia*,”

nity, you may deny yourself a place in the community. Living in communion doesn't mean we have to agree on everything. It does mean we share a foundational principal our lives are built and centered on. This foundation unites us in our faith and the fundamental truth found in Christ. Our Mass calls us into a deeper communion as a community.

Let's consider another word rooted in the Latin *communio*. We must communicate to be in communion with one another. Words express and give voice to our thoughts and ideas when we communicate. Communicate also means *to participate*. Communication is a two-way street where two or more express thoughts and ideas. We communicate with individuals, and with others. All of it is with, and through Christ as the head. We must communicate with the other members of the body to be in communion.

A two-way street isn't a very good analogy. It is more like a roundabout. Each of us are traveling different paths and roads, all leading to the roundabout with Christ at the center. We communicate our needs, accept the burden and needs of others and pray for each other. This draws us closer to Christ at the center, and as we draw closer, we enter ever deeper into communion.

Being in communion with one another in prayer requires our active participation. When we keep our fears, our worries, and our suffering to ourselves (just me and my God), the whole body is affected. We separate ourselves and are no longer united. It's a little like taking the “Our” out of the “Our Father.”

Christ commands us to love one another as He has loved us, and St. Paul

that relates well to these modern developments. *Metanoia* literally means “change of mind.”

In Scripture, the term appears in the context of spiritual repentance and conversion. In the first chapter of Mark's Gospel, when Jesus launches His public ministry, He announces that the kingdom of heaven is at hand and urges His followers to *metanoia* or repentance.

To repent is to turn away from sin and toward righteousness and virtue. In a million little instances, every time we turn toward the screen, our brain is making small changes to how we react to the world around us.

When feeling lonely or anxious, is our first impulse to seek God in prayer or to watch a video to soothe our aching psyche?

When worried about an illness, do we place our trust in God or do we Google symptoms and treatments until

we think we know more than the doctor?

When stumped by a question or bit of trivia, do we allow ourselves to wonder at what the answer might be or do we Google it immediately?

All of these practices are indications of the *metanoia* taking place in the digital age.

Contemplation is a corrective for distraction; trust in God is a worthy substitute for Google and as Socrates had it, wonder is the beginning of wisdom. When these things are hollowed out by our technological “conversion,” then we would do well to repent and return our minds to Christ.

Robinson is director of communications and Catholic media studies at the University of Notre Dame McGrath Institute for Church Life.

REFLECTION

Night flight, day light

By Mark Saucier

“Do not store up for yourselves treasure on earth where moth and decay destroy,” Jesus said.

Maybe the uncomely orbiter of light annoyed Him. Maybe He found holes in His favorite tunic. Regardless, He was not a fan of the moth.

Still, that familiar camel-colored lepidopteran with its long antennae and spindly legs has an interesting backstory. It is just one of 160,000 species sharing a common ancestor. It all began with a tiny aquatic insect that crawled up on shore, tasted some moss, and never turned back.

Then bats come along. The night-feeding mammals found moths a delicacy and became their primary predator, beginning an epic evolutionary battle.

Bats evolved to hunt by emitting sounds and locating prey with their echo. After early losses, the moth developed ears that could detect the bat's emissions and allowed it to respond with evasive action like a locked-on fighter pilot in the movies.

Not to be outdone, bats began to create new frequencies of sound. The moths responded with a broader range of hearing.

Bats then perfected their echo locator, and moths tried to jam the bat's sonar or mislead the bat to think it would be a toxic lunch.

Scientists thought that some moths adapted to become daylight feeders in order to escape the nocturnal bats. However, recent research suggests that some moths opted for the day shift even before bats came along.

Bees had come on the scene 125 million years ago. Plants decided to put them to good use as pollinators, and they began producing nectar to attract the bees.

After the bees and before the bats, some moths had morphed into butterflies, the latter taking with them the tube-like mouth structure moths had acquired for sucking sap and water.

With their straw-like mouths, some moths, and later butterflies, became day feeders to take advantage of a new food source when flowers were open.

That's when butterflies began to go color crazy, trading in the drab of the night for a brilliant palette for mate attraction and self-defense.

The much-maligned moth is a model of persistence and adaptability.

This ill-treated insect was the progenitor of monarchs, swallowtails and all the other iridescent butterflies that delight children, poets and all who pause to admire God's garden.

It turns out that pesky little arthropod used to warn us not to lay up treasures on earth was, itself, a veritable treasure on earth.

Fr. Secrist sees his diocesan role with pipe organs as a chance to promote beauty, fellowship

By Jay Nies

Mozart proclaims the organ to be the “King of Instruments,” but it actually works more like a parliament.

It reigns when its panoply of voices speak in harmony and balance, with whispers and crescendos drawing upon the full spectrum of sound and human emotion.

“There’s the capacity to surround and fill the space with a volume and complexity of tone that no other instrument can match,” said Father Jeremy Secrist, pastor of St. Peter parish in Jefferson City.

This year, Bishop W. Shawn McKnight appointed Fr. Secrist to serve as the bishop’s delegate for care and promotion of pipe organs.

This new role includes taking an inventory of existing pipe organs in parishes of the diocese, advocating for their preservation, restoration and maintenance, and cultivating an appreciation for the contribution they can make to Catholic liturgies of all sorts.

That’s what they were built for: to facilitate and accompany the People of God in prayer and worship.

“What makes them particularly well matched to congregational singing is that like members of a choir, each of the windblown pipes produces an individually generated sound,” said Fr. Secrist.

He called the pipe organ “the oldest stereo instrument — one that is able to fill a space, that is able to support the voices of men, women and children.”

A single properly engineered set of tuned pipes, built with skill and technology acquired over 1,500 years of organ-building, “can support and encourage singing in a way that other instruments simply cannot,” said Fr. Secrist.

Organs with three, five, 10, 20, 30 or even 50 sets of pipes, made of wood or metal, ranging in length from a few inches to 8, 16 or even 32 feet, offer additional arrays of variety and volume.

“It’s not just multiplication of voices or volume, but of color,” he said.



Father Jeremy Secrist, visiting organist Horst Buchholz, visiting vocal soloist MeeAe Cecilia Nam and members of the local American Guild of Organists chapter stand next to the organ console in the choir loft of St. Peter Church in Jefferson City, following an Oct. 20 public concert of music for organ and voice.

Notes can be held. Harmonies can be accentuated. Voices of varying pitches, timbres and volumes can be mixed, depending on the occasion, the type of music and the people who are singing with it.

“I would liken a pipe organ to the Psalms,” said Fr. Secrist. “When you go through all 150 of them — as King David sings and prays and repents and even curses — we find representation of all human emotions. And in all of those, God is able to work.”

The pipe organ is “able to plug into, to enter into the soul, the heart of who we are,” Fr. Secrist asserted.

Columns and ranks

Organ pipes are arranged into “ranks,” each containing approximately 61 notes of the same voice and placed atop wooden wind chests filled with pressurized air.

When the stop knob that controls one of the ranks is activated, the pressing of a key or pedal allows the pressurized air to enter the pipe of the corresponding note.

The column of air vibrates inside the pipe, creating a pitch that mixes and harmonizes with the vibrations from neighboring pipes as they are activated.

“The longer the pipe, the lower the pitch,” said Fr. Secrist.

Pipes of different sizes, shapes, materials and wind pressures produce a colorful palate of sounds that can be adjusted by blending the various stops.

Organs started out simple in ancient times and became more complex over the centuries.

Builders continued discovering innovative ways to construct the pipes and the intricate mechanisms that force air through them.

Mathematicians calculated the effect of thickness, radius, height and degree of tapering on the sound of each pipe.

In doing so, they found new expressions of God’s beauty and wisdom reflected in His creation and His laws that govern it.

“We believe that God is the source of everything that is true, good and beautiful, the work of our hands and the creativity of our minds,” said Fr. Secrist.

“That’s why we strive to make the most of these things as preparation for an encounter with the Triune God, from Whom all of these artistic attributes flow.”

In sight and sound

Fr. Secrist remembers the first time as a child he heard someone play Bach’s famous “Tocatta and Fugue in D Minor” on an organ.

“I was spellbound and capti-

vated by it,” he said.

His interest continued into high school, when he learned about other great classics from the Medieval, Baroque, Classical, Romantic and Modern periods.

“From that time forward, I was bitten by the organ bug,” he said. “For me, it was pure joy!”

He agrees with the assertion of 20th-century Catholic theologian Father Hans Urs von Balthasar that people are reflexively drawn to God and the Divine realities by what is first beautiful, and then by that which is good and true.

Fr. Secrist spoke of having visited a little girl and her father prior to a wedding rehearsal in a local church filled with im-

pressive artwork.

She was taken by the loftiness of the ceilings and the brilliance of the stained glass in the afternoon sun.

Then she noticed the pipe organ in the loft and asked, “What is that?”

Fr. Secrist told her that the extensively stenciled instrument sounds as neat as it looks, and that she’d get to hear it play at the Wedding Mass the next day.

He believes that all of those beautiful objects, coupled with a vibrant community of faith rooted in the Gospel and the life of the Church, have the power to turn people’s minds and hearts toward God.

“And there I was, seeing it in action,” he said. “An encounter with something beautiful had captured that young lady and captivated her imagination.”

“Sing for joy”

Beginning about 60 years ago, some pipe organs were removed or heavily modified.

But in some parishes in the diocese, the pipe organ has remained an integral part of parish life.

“They don’t think of it as something secondary,” said Fr. Secrist. “And now we hope to provide some good direction

See PIPE ORGANS, page 27

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Encounter with Rolla parishioner at Yellowstone helps bring closure to fallen firefighter's family

By Jay Nies

A seemingly random encounter more than 1,300 miles from home allowed Dave Clifton to share a man's last words with his family, bringing them some peace after 40 years.

"God's timing is not the same as ours," said Mr. Clifton, a member of St. Patrick parish in Rolla. "But everything is God-sent, and God is the real thing."

Mr. Clifton and his wife

Fran were seated in Yellowstone National Park, waiting to watch the Old Faithful geyser erupt.

As the water thundered forth, a man came up to them and said, "You two have the best seats around."

Mr. Clifton, who grew up in St. Louis and had served as a firefighter in a suburban St. Louis fire district, noticed the St. Louis patch the man was wearing.

The man said his brother-in-law had been a firefighter near St. Louis.

They talked some more.

"The name didn't ring a bell," Mr. Clifton recalled. "But he said his brother-in-law died in a fire 40 years ago, when he was 28."

Mr. Clifton immediately drew a connection.

"I was shocked to realize we were talking about a man I tried

to save," he said.

It was 1979. Mr. Clifton was working on Rescue Team 3 in the Affton Fire District.

"They called us in on mutual aid to help save a man's life," he recalled.

That man, a firefighter for a neighboring fire district, was helping put out a house fire when he fell through the floor and got trapped. The bell on his air tank was ringing, meaning

he had only 3 to 5 minutes of air left.

Mr. Clifton and a fellow firefighter arrived and went into the house.

"He was trapped and we couldn't get to him," said Mr. Clifton. "We did everything we could, but we just couldn't get to him in time."

The last thing Mr. Clifton

See YELLOWSTONE, page 14

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U.S. Catholics Having Major Impact on Poverty Through Their Support of Educational Outreaches

After 6-year-old Xuriyee Amaree's father passed away, the little girl's family faced incredible challenges. Life in Ethiopia is very hard under normal circumstances, but Xuriyee's poor mother faced an additional hardship. She was an immigrant who barely understood the local language, making it nearly impossible for her to secure anything but occasional odd jobs. They all feared for their future.

Fortunately, Consolata Missionaries learned about the family's situation and made a home visit.

"What they saw was shocking. Seven family members crammed into a small rented room. They were hungry and in urgent need of help. The Consolata Missionaries started by bringing them food," explained Jim Cavnar, president of Cross Catholic Outreach, a U.S.-based relief and development ministry that partners with Catholic missions worldwide.

As important as the food relief was, other help was clearly needed. As a next step, Xuriyee and the family's five older children were given help to attend school. This, Cavnar believes, will provide a path to an even brighter future.

"Xuriyee has already been transformed by the Shambu Catholic Kindergarten. No longer fearful, she is now a confident and joyful child. She's first in her class, excelling in reading and writing. The education she is receiving is allowing her to reach her full potential," he said. "The family has also embraced Catholicism."

Education has long been a priority

of the Catholic Church, and it remains an important area of service for Cross Catholic Outreach. For many years, the ministry has supported Catholic educational programs in Haiti, Guatemala and many other developing countries by providing everything from teacher salaries and classroom supplies to food for lunch programs and medicines for school clinics. It has also built schools and added classrooms, libraries and lunchrooms to existing missions.

To achieve its educational goals, Cross Catholic Outreach also invites U.S. Catholics to sponsor educational scholarships for children like Xuriyee.

In addition to helping hundreds of poor young children gain a primary education, this scholarship program has a second benefit: It encourages the priests and religious sisters who pursue educational outreaches in the poor communities they serve.

"The priests and sisters who established these Catholic schools have made tremendous personal sacrifices to extend Christ's love in the communities they serve," said Cavnar. "When American Catholics step forward to help their schools, it is incredibly encouraging to them. It shows them that American Catholics are grateful for their work and want to help them in their noble cause of educating the poorest of the poor."

Why is the scholarship so important? The answer is simple. Without this support, children would go unschooled. Families subsisting on only a few dollars



Sister Tereza has helped create an oasis of hope in a desperately poor area of Ethiopia, and the children who attend the Catholic kindergarten are blessed as a result.

a week simply can't afford the luxury of sending their children to school.

"What is the alternative? We can't leave a child illiterate and without hope. That isn't an option," Cavnar said. "Some will ask if there is a way to support the goal without funding a full \$120 scholarship for a school year. The answer is absolutely yes! Donors who contribute any amount help us do more educational projects like this. Every gift, large or small, makes a big difference."

Readers interested in supporting

Cross Catholic Outreach can use the brochure inserted in this issue or send tax-deductible gifts to: Cross Catholic Outreach, Dept. AC01491, PO Box 97168, Washington DC 20090-7168. The ministry has a special need for partners willing to make gifts on a monthly basis. Check the box on the inserted brochure to become a Mission Partner or write "Monthly Mission Partner" on mailed checks to be contacted about setting up those arrangements.

Cross Catholic Outreach Endorsed by More Than 100 Bishops, Archbishops

Cross Catholic Outreach's range of relief work to help the poor overseas continues to be recognized by a growing number of Catholic leaders in the U.S. and abroad.

"We've received more than 100 endorsements from bishops and archbishops," explained Jim Cavnar, president of Cross Catholic Outreach (CCO). "They're moved by the fact that we've launched outreaches in almost 40 countries and have undertaken a variety of projects — everything from feeding the hungry and housing the homeless to supplying safe water and supporting educational opportunities for the poorest of the poor. The bishops have also been impressed by Cross Catholic Outreach's direct and meaningful response to emergency situations, most recently by providing food, medicines and other resources to partners in Haiti, El Salvador and areas of Belize impacted by natural disasters."

Archbishop Thomas Rodi of Mobile,

Alabama, supported this mission, writing: "It is a privilege for me to support Cross Catholic Outreach. This organization funds ministries to our neighbors in need in Africa, Asia, Central and South America, and the Pacific. Through the generosity of so many, the love of God is made visible to many who are coping with the most difficult of daily living conditions."

In addition to praising CCO's accomplishments, many of the bishops and archbishops are encouraged that Pontifical canonical status was conferred on the charity in September 2015, granting it approval as an official Catholic organization. This allows CCO to participate in the mission of the Church and to give a concrete witness to Gospel Charity, in collaboration with the Holy Father.

"Your work with the Dicastery for Promoting Integral Human Development is a strong endorsement of your partnership with the work of



CCO's Outreach Priests visit U.S. parishes to share what the ministry is accomplishing.

the Universal Church," Archbishop Cordileone of San Francisco said. "By providing hope to the faithful overseas by feeding the hungry, clothing the naked,

delivering medical relief to the sick and shelter to the homeless, and through self-help projects, you are embodying the Papal Encyclical *Deus Caritas Est*."

PAID ADVERTISEMENT

\$120 Scholarships for Catholic Education Can Help Lift Impoverished Children Out of Poverty

A door of opportunity is opening for impoverished children in Haiti and other developing countries, but whether that door stays open will largely depend on the generosity of American Catholics.

The “door” in this case is an educational scholarship to attend a Catholic school, and it can only be offered if U.S. donors continue to fund the international outreach.

“Cross Catholic Outreach established this scholarship program to fight illiteracy and poverty in Haiti, Central and South America, and parts of Africa. They help unschooled children aged 4 to 12 get a life-changing education,” explained Jim Cavnar, president of the relief organization, Cross Catholic Outreach.

The scholarships — funded by U.S. donors at a cost of \$120 — sponsor a needy child’s full year of Catholic schooling and typically provide a weekday lunch as well.

Through the program, benefactors are able to fund a scholarship in their family’s name or to honor a loved one.

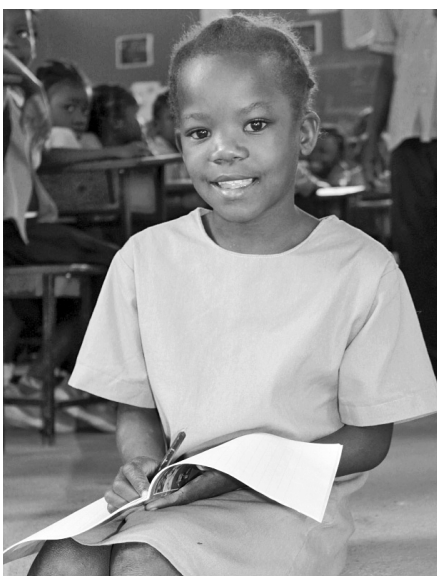
“Mrs. Smith can create the Smith Family Scholarship, for example. Or Mr. Jones could establish the Mary Jones Scholarship in honor of his mother. Each \$120 scholarship funded allows a boy or girl to attend a Catholic school for the full school year. The scholarships can also be renewed annually, keeping the gift going as part of a family legacy to benefit the poor,” Cavnar explained. “The impact is incredible because an education brings opportunities, new hope and dignity to a child.”

How many scholarships does Cross Catholic Outreach hope American Catholics will sponsor this year?

“We would love to have 5,000 Catholic school scholarships funded this year, but even having 500 kids benefit from the program would be a great victory,” Cavnar said. “In developing countries like Haiti and Guatemala, we see so many needy boys and girls ‘on the outside, looking in’ — they know the value of an education, but their families simply can’t afford to send them to school. They are thrilled to receive this scholarship because they see it as a blessing for the whole family.”

The idea that one child’s education would impact an entire family may seem unbelievable, but Cavnar has seen it happen in countries such as Haiti, Kenya and Guatemala. This is because poor families are often held back by generational illiteracy, which limits their potential. An educated child is often the first family member to earn a good wage, and their income and education are often shared with siblings and parents.

“In that sense, one child can break the cycle of poverty that has plagued a family for generations,” Cavnar said. “That’s the incredible, life-transforming impact these scholarships help make possible.”



To ensure its scholarship program is effective, Cross Catholic Outreach only provides the program through Catholic schools with excellent academic credentials offering sound spiritual formation, and once the program is in place, the schools are monitored regularly to ensure they continue to meet high standards.

“We insist each school has a strong Catholic identity, hires a capable staff of teachers, includes spiritual teachings within the curriculum and provides students with a broad, practical education. It’s important that our scholarship students end up with a solid education — one that gives them greater opportunities in their communities,” Cavnar said.

Some may wonder about the low cost of establishing a scholarship, especially if they are familiar with U.S. college scholarships, which typically require

In Haiti and other developing countries, the poor often get trapped in a cycle of poverty fueled by illiteracy and hopelessness. Without intervention, these families rarely escape their plight. Fortunately, Catholic missions are using educational outreaches to break this cycle and transform lives. Cross Catholic Outreach uses scholarships funded by U.S. donors to empower this work.

thousands of dollars to launch. The difference, Cavnar says, comes down to the efficiency and frugality of the Catholic school systems overseas.

“The Catholic schools in developing countries like Haiti or Guatemala have few frills and work with bare-bones budgets, but they do an incredible job. The Catholic teachers often make great sacrifices too. Some work for a few dollars a day in order to ensure the children get an education,” he said. “That’s why we want to empower their work. The fact is, when Catholics focus their compassion on meeting a specific need, amazing things can be accomplished. I’ve seen it again and again and again.”

Cavnar speaks highly of the power of Catholic generosity, and he has many examples of how Catholics in the U.S. have impacted lives and communities worldwide through Cross Catholic

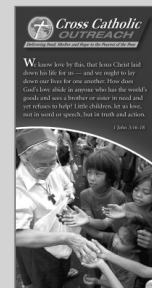
Outreach’s ministry. Founded more than 18 years ago to create a stronger link between American Catholics and Catholic missions overseas, it has helped scores of Catholic priests and religious sisters feed the hungry, clothe the naked, provide safe water to the thirsty, house the homeless, protect the orphaned and — as this case demonstrates — educate the poor.

“Of all the work we do, we consider educational outreaches among our most important and most effective,” Cavnar said. “Why? Because a Catholic education has three critical benefits to the poor. It solves the problem of illiteracy. It opens doors of opportunity, and — just as important — it communicates Catholic truths that transform lives and restore hope. That is why we encourage donors to establish these scholarships. Access to an education is one of the most valuable gifts a person can give to the poor.”

How to Help:

To fund Cross Catholic Outreach scholarships for the poor, use the postage-paid brochure inserted in this newspaper or mail your gift to Cross Catholic Outreach, Dept. AC01491, PO Box 97168, Washington DC 20090-7168. Write “SCHOLARSHIP” in the comment line of the brochure to ensure your gift is routed properly.

If you identify an aid project, 100% of the proceeds will be restricted to be used for that specific project. However, if more is raised for the project than needed, funds will be redirected to other urgent needs in the ministry.



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Knights' dinner, bobblehead doll auction benefit vocation efforts

By Jay Nies

Bishop W. Shawn McKnight smiled and nodded in approval.

So did the gift he had just been handed.

Members of Columbia's three Knights of Columbus councils had auctioned off custom-made bobblehead dolls depicting members of the local clergy, during their third annual Vocations Appreciation Dinner in May.

The Knights presented one of the dolls, made in the bishop's image and likeness, to him on Sept. 12, along with a \$1,200 check from the dinner and auction proceeds.

Checks also went to two diocesan seminarians the Columbia Knights are helping through formation.

The other bobblehead dolls in the auction depicted Father Christopher Cordes, pastor of Our Lady of Lourdes parish; Father Francis Doyle, pastor of Sacred Heart parish; and Dominican Father Richard Litzau, pastor of St. Thomas More Newman Center parish.

A company in California custom-made each of the amenable statuettes, based on portraits sent by the dinner's



Bishop W. Shawn McKnight checks out one of two bobblehead dolls created in his likeness for a vocations fundraiser by Columbia's Knights of Columbus councils. With him to present the agreeable statuette, along with a monetary donation from the event's proceeds, is Tim Vargenko, grand knight of Knights Council 1529 in Columbia. — Photo by Jay Nies

organizers.

The Knights got permission from all four clerics before having the dolls made.

The bishop laughed out loud when he saw his.

"We thought this was something unique, and we're grateful for the opportunity to present it to you," said Council 1529 Grand Knight Tim Vargenko.

Council 1529 (Our Lady of

Lourdes), 7231 (St. Thomas More Newman Center) and 14414 (Sacred Heart) work together to organize the Vocations Appreciation Dinner each year.

"It was a great success!" said Mr. Vargenko.

Pictures of the other bobbleheads can be seen online at:

<http://uknight.org/CouncilSite/photo-gallery.asp?ID=11341&CNO=1529>

YELLOWSTONE

From page 11

heard the man say was, "Tell my family I love them."

A while later, Mr. Clifton stood at attention as medical personnel carried the fallen firefighter's earthly remains to an ambulance.

The man had not been burned. He had just run out of air.

"That whole experience made a huge impression on me," Mr. Clifton recalled. "I've told the story of that man over and over in the last 40 years."

"I've used it as an example about how important it is to stay together," he said, "and if the bell on your air pack goes off, get out."

Mr. Clifton and his wife moved to the Rolla area about 11 years ago. He joined the Vichy Volunteer Fire Department and started serving as a hospice chaplain for military veterans.

Mr. and Mrs. Clifton went to Yellowstone on a long-awaited vacation.

The other family had gotten together to celebrate a 40th wedding anniversary.

Once their connection became known, Mr. Clifton told the other man things he and his family had never heard about his brother-in-law's passing.

The deceased firefighter's mother and sisters were nearby. The man asked Mr. Clifton to talk to them.

"After 40 years! At Yellowstone Park!" Mr. Clifton marveled. "Here I was, telling the man's mother things she had not heard before. It brought me to tears."

He shared her son's last words and told her he had shared the story with numerous other firefighters.

"His death was not in vain," said Mr. Clifton. "He more than likely saved other lives because I was able to share his story so many times with other fire departments on my watch."

Still dazed, Mr. Clifton told a priest at a church near Yellowstone about the chance encounter with the man's family.

"God sent you here to meet them," the priest told him. "He knew they needed someone to bring them closure, and He sent you to do that."

Mr. Clifton still can't get over the amazingly improbable timing of it all.

"I think God has a sense of humor," Mr. Clifton stated. "He has taken me a lot of places and thrown me into a lot of situations I never would have expected."

“Until you put your faith into action ...” Catholic advocates from state’s diocese’s share stories, advice

By Jay Nies

Lois Thomas grew up Catholic and was well versed in Jesus’s teachings.

But His “what you did for them, you did for Me” discourse never really clicked with her until she stepped through the gates into a prison 23 years ago.

“Because until you put your faith into action, you’re just going through the motions,” said Mrs. Thomas, a member of Immaculate Conception parish in Jefferson City, to about 350 people at the Missouri Catholic Conference’s 2019 Annual Assembly.

She was one of four long-time Catholic advocates, representing each of Missouri’s dioceses, who spoke during the general session at the assembly.

Mrs. Thomas is a regular visitor at the Algoa Correctional Center (ACC) and other prisons, helping with Residents Encounter Christ (REC) weekends and monthly fellowships,



Bishop W. Shawn McKnight of Jefferson City and Lois Thomas display the award he presented to her on behalf of the Missouri Catholic Conference in recognition of her advocacy for people in prison.

the Legion of Mary, and Mass.

She noted that more than 90 percent of the people behind bars “are gonna’ get out someday.”

“And when they do get out, who would you rather have them be: the same as they went in, or knowing that they are loved?”

It changes people’s lives to know that they’re loved.

“Giving your time and your smiles and sharing your faith are actions that show love,” said Mrs. Thomas.

“That’s why I do this,” she

said. “That’s why we all do it.”

She emphasized that it’s important not to judge people by the labels other people put on them.

“When we hear phrases like ‘tough on crime’ or ‘big on justice,’ it’s easy to forget about the individuals who are in these groups,” she said.

She talked about having seen people start to change because of the love of Christ being shown to them.

She recalled seeing members of two rival gangs hug each other at the end of a REC retreat in a maximum-security prison.

She recalled how on another REC, she shared the story of the first time she had been called a racist epithet, by someone who she barely knew at school.

After that talk, one of the residents went back to his cell and tore up his Aryan Nation membership card.

She also has unexpectedly encountered people on the outside who have finished their sentences and are eager to tell her about the good things they’re now doing.

“They wanted to tell me because they knew I would be interested, because they had seen me and other people showing love to people in prison,” she said.

She noted that it sometimes takes time for people in prison who become active in a faith community to get their lives back on track.

What’s important is to keep encouraging them and letting them know that God still loves them, she said.

That alone helps lead some people to Christ.

“The guys who want to learn more about our Church, just because they see us come in to visit consistently,” she said.

She shared a few passages from a book the Catholic community in ACC is reading, *Resisting Happiness* by Matthew Kelly.

“Life is messy, and we are called to put ourselves in the middle of the mess and to work



Lois Thomas, a member of Immaculate Conception parish in Jefferson City, discusses how faith motivates and strengthens her in ministering to men and women in prison, during this year’s Missouri Catholic Conference Annual Assembly in the State Capitol.
— Photos by Jay Nies

to make a difference, however small,” Mr. Kelly wrote.

“Jesus invites us to take up our cross daily,” the author continued. “And some days, we are called to take up someone else’s cross also, so that he can catch his breath, have a short rest or simply have his faith in the goodness of humanity restored.”

Summoned to serve

Marian Sister Cecelia Ann Rezac, director of the Springfield Catholic schools and associate superintendent of Catholic schools for the Springfield-Cape Girardeau diocese, said being an

advocate is more than her job; it’s her calling from God.

“I strive to be Christ’s hands, His feet and His heart,” she said.

She shared some of her experiences of advocating for children from immigrant families living in poor neighborhoods, and of helping the Marian Sisters start a home for pregnant women who are in crisis.

She talked about using art and poetry to help students find their confidence.

She said she tries to set an example for “being an ordinary, everyday advocate for the poor, the unborn and those who are

underserved.”

A clear roadmap

Mike Holterman, retired CEO of Catholic Charities of Kansas City-St. Joseph, spoke of social justice and serving people in need.

He said he felt honored to be able to spend his career advocating for the unborn, the homeless, people coming out of prison, veterans, and people needing affordable housing and many other issues.

“I’ve always felt that I was blessed with a tremendous opportunity to live out my faith by standing up for and serving those in need,” he said.

He defined social justice as “a concept of fair and just relations between an individual and society.”

He pointed to the Beatitudes — the phrases in Jesus’s Sermon on the Mount that begin with “How blessed are...” (Matthew 5). These, said Mr. Holterman, “clearly lay out to each Catholic, regardless of age, a roadmap to advocate for those in need.”

He advised aspiring Catholic advocates to educate themselves on the important issues of the day, choose the issues they feel best suited to addressing, and

See **ADVOCATES**, page 17

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Chicago Mass celebrates Fr. Tolton's step closer to sainthood

By Joyce Duriga

Chicago

Hundreds of people turned out to celebrate Pope Francis declaring Father Augustus Tolton "venerable" during a Mass with Cardinal Blase J. Cupich Oct. 14 at St. Philip Neri Church in Chicago.

The promulgation of the decree by the Pope declaring Tolton "venerable," which was announced June 11, means his life was formally recognized as demonstrating the theological virtues of faith, hope and charity and the cardinal virtues of prudence, justice, fortitude and temperance at a heroic level.

Fr. Tolton is two steps away from possibly being declared a saint. Once it is confirmed that one miracle has been granted by God through the intercession of Fr. Tolton, he will be declared "blessed."

For canonization — being named a saint — a second miracle is generally required unless the Pope waives that requirement.

Two possible miracles through Fr. Tolton's intercession have been sent to the Vatican for review, according to Chicago Auxiliary Bishop Joseph Perry, postulator of the



LEFT: A woman leads an intercessory prayer in Ghanaian. The intercessory prayers were read in English, Spanish, French and Ghanaian. **RIGHT:** Father Michael Penn, pastor of St. Francis Xavier parish in Taos, the Jefferson City diocese's delegate to Fr. Tolton's sainthood cause; and Norbertine Father Gerard Jordan, who is helping Auxiliary Bishop Joseph Perry of Chicago advocate on behalf of Tolton's canonization, walk in the entrance procession.

— Photo by Karen Callaway, courtesy of *Catholic New World*

cause.

That Fr. Tolton has moved closer to being declared a saint drew many to the Mass to celebrate.

"I'm really happy that they are looking at his life and the things that he has done," said Velma Barker-Hill of Holy Angels parish in Chicago. "Just to think that a miracle may have been performed in his name is something that really touched my heart."

Ms. Barker-Hill said that as an African American herself,

she has enjoyed learning about Fr. Tolton, who was the first native-born, African American man ordained a Roman Catholic priest for the United States.

"It is just remarkable and I'm always glad to hear about another saint, especially because he is African American," she said. "I think it brings unity among us and this shows that we are all made in God's image and likeness, that we're very proud to be Catholics."

Lisa Lease Adams of St. Katharine Drexel parish in

Chicago learned about Fr. Tolton through people at her parish and, after studying his life, came to admire what he did for black Catholics.

"Father Augustus Tolton was a very special man," she said, adding that she looks forward to his canonization.

"That would mean the world to me because things that we have worked for, they finally mean something. He died for things that need to be done," she said.

Franciscan Brother Raphael Ozoude is on the path to Priesthood and draws inspiration from Fr. Tolton in his vocation.

"I'm very inspired by his example of being the first black American to be ordained to the Priesthood," he said. "I think in many ways he has inspired people like me. It's very nice seeing someone who looks like you and who has been there ... and who is preaching the Gospel," Brother Raphael said.

He believes Fr. Tolton's canonization would be a positive thing for the Catholic Church.

"I think it will show the world at large that there are a lot of black Catholics in the country," he said. "To see that the Church actually comprises us and values us as one of the beloved people would inspire many to come and see the Church really is 'catholic,' every culture is valued here."

Fr. Tolton was born into slavery in 1854 on a plantation near Brush Creek, Missouri, in the northeastern part of what is now the Jefferson City diocese. Before the end of the Civil

War, his mother, Martha, fled slavery with her three children and settled in Quincy, Illinois.

There, Tolton was encouraged to discern his vocation to the Priesthood by diocesan and Franciscan priests.

However, he was denied access to seminaries in the United States after repeated requests, so he pursued his education in Rome at what is now the Pontifical Urbanian University.

Tolton was ordained for the Propaganda Fidei Congregation in 1886, expecting to become a missionary in Africa.

Instead, he was sent to be a missionary in his own country and returned to Quincy.

In 1889, after facing discrimination and racist taunts from at least one local priest, he accepted Chicago Archbishop Patrick Feehan's request to minister to black Catholics in the Chicago archdiocese.

Fr. Tolton spearheaded the building of St. Monica Church for black Catholics and worked tirelessly for his congregation, even to the point of exhaustion.

On July 9, 1897, he died during a heatwave at the age of 43.

Cardinal Francis George, now deceased, of Chicago opened Fr. Tolton's cause for canonization in 2010.

For information about Fr. Tolton's cause for canonization, visit tolton.archchicago.org.

Ms. Duriga is editor of New Catholic World, newspaper of the Chicago Archdiocese, and chicagocatholic.com.

St. Peter Veteran's Day Mass in J.C.

DATE: November 11
TIME: 8:30 am

Monsignor Robert A. Kurwicky, vicar general of the Jefferson City diocese and pastor of St. Michael parish in Russellville, will preside and preach the homily at St. Peter parish's Veteran's Day Mass and Service on Monday, Nov. 11.

It will start at 8:30 a.m. in St. Peter Church, 216 Broadway St.

The public is invited to attend. Veterans and service personnel are encouraged to wear their caps and/or uniforms.

The Mass will be offered for the men and women who died in service of this country.

Representatives of the Missouri State Highway Patrol, the Cole County Sheriff's Department and the Jefferson City Police Department will present the gifts at the offertory.

Members of the Samuel F.

Gearhart Detachment of the Marine Corps League will fire the Three Rifle Volley Salute outside at the end of the service.

Combined choirs of Cathedral of St. Joseph, Immaculate Conception and St. Peter parishes, directed by Lisa Fender,

will lead the singing.

The Knights of Columbus Dan C. Coppin and St. Jude Fourth Degree assemblies will serve as the honor guard.

Color guard units from local veterans' organizations and auxiliaries will take part in the ceremony.

Taos parish mission

DATE: November 9-14
TIME: 7 pm

Father Robert Gielow from Vincentian Parish Missions will lead a mission from Saturday to Thursday, Nov. 9-14, at St. Francis Xavier parish in Taos.

He will offer Mass at 7 p.m. each evening and give a special homily designed to increase people's spirituality.

He will be available for informal chats and questions and answers after Mass.

The mission is for all people, from inactive to very active in the practice of their faith. It is for people of all ages and at any stage in life.

Particularly encouraged to attend are those who want to know more about the Catholic Church today and how it can take an active role in the everyday experiences of work, leisure, family and public life.

ADVOCATES

From page 15

find a mentor to help them find out how best to do that.

"Then, be compassionate and persistent in advocating for your issues, either as an individual or as part of a coalition," he said.

Obeying God

Deacon Samuel Lee talked about his road from grassroots activism to serving as a pro-life lobbyist and founding director of Campaign Life Missouri.

"In order to do pro-life legislation right, we must not only pass laws that make abortions harder to get," he said. "Just as important, we must pass laws that make it easier for pregnant moms and their children — born and unborn — to have hope and to thrive with our support."

During the civil disobedience of his pro-life ministry in the 1970s, he spent hours in the university law library learning about to defend himself and his fellow advocates.

"So you could say my life for the law today as a pro-life lobbyist came about because of my disobedience to man-made law while obeying divine law, which led me to study more carefully the civil law," he said.

Priorities

All four speakers reiterated the importance of praying and cooperating with God while advancing the work of His kingdom.

"God first!" said Sr. Cecelia Ann.

"Follow Jesus's example," said Mr. Holterman.

"Pray each day, receive the sacraments frequently, live a balanced life and do what is expected of you within your family, your parish, your community," said Deacon Lee.

"And let people know you care," said Mrs. Thomas.

The state's bishops presented each of them a special award in recognition of their work and their witness.

"Open wide the doors to Christ!"

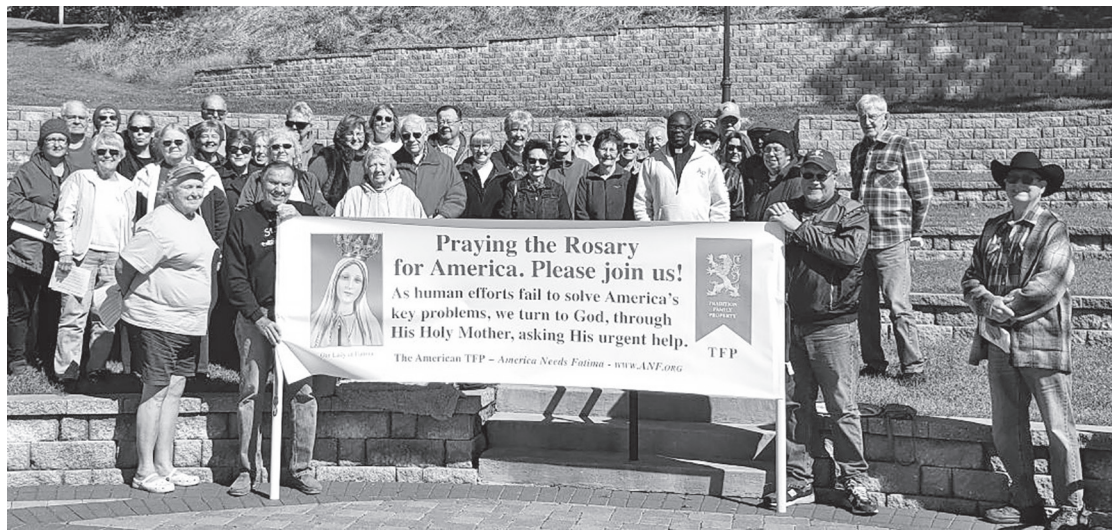


Father William Debo, pastor of Holy Family parish in Freeburg and Sacred Heart parish in Rich Fountain, blesses the newly installed doors to Holy Family Church. Several people in the parish as well as businesses in the area donated money and material to refinish all the doors and save the original stained-glass windows panes.

— Photos by Nancy Maxwell



Praying the Rosary for America



A large group of Catholics from Benton County — including St. Ann parish in Warsaw and the Ss. Peter and Paul mission in Cole Camp — pray the Rosary in a public location on Oct. 12 as part of an annual nationwide observance of the anniversary of Our Lady's 1917 apparitions and the witnessing of the Miracle of the Sun by a crowd of people in Fatima, Portugal. Local volunteers sponsored the rallies, which are sponsored by a national Catholic organization known as America Needs Fatima. — Photo by Patsy Wickern

DOYLE

From page 8

2002, leave to local bishops the determination as to the occasions on which both species are to be made available; and in practice, most bishops have ceded that judgement to local pastors.

However, there is a clear preference expressed — both in those "norms" and in the *General Instruction of the Roman Missal*, which is the Church's uni-

versal "guidebook" on liturgical directives — for the availability of both species.

The *General Instruction* says: "Holy Communion has a fuller form as a sign when it takes place under both kinds" (No. 281).

(Both the *General Instruction* and the norms do make it clear that distribution under both species is not mandatory and that Christ is fully present when either the consecrated bread or wine is received alone.)

My own experience, in celebrating Mass at many churches throughout the U.S., is that most parishes make both species available at most liturgies.

Questions may be sent to Father Kenneth Doyle at askfa.therdoyle@gmail.com and 30 Columbia Circle Dr., Albany, New York 12203.

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Catholics mark Our Lady of Fatima anniversary by praying the Rosary together in public

By Jay Nies

A crisp, sunny Saturday afternoon, two blue baskets, a banner and an antiphonal litany of intercession.

These are what people passing one of Gasconade County's busiest intersections saw the afternoon of Oct. 12, as Immaculate Conception parish in Owensville held its second annual Public Square Rosary Rally.

"Lots of prayer," said Jeanne Dorner, a member of the Owensville parish. "Prayer is our only answer today."

About 30 people were praying the Rosary together, out loud, at the corner of Highway 28 and Cuba Street.

It was one of about 25,000 Public Square Rosary Rallies that took place throughout the United States to mark the 102nd anniversary one of the Blessed Mother's apparitions to three children in Fatima, Portugal. On that day in 1917, thousands of people, including many skeptics, witnessed the Miracle of the Sun.

A national Catholic organi-



Members and friends of Immaculate Conception parish in Owensville pray the Rosary at a busy intersection Oct. 12 to help celebrate the 102nd anniversary the Blessed Mother's apparitions and the Miracle of the Sun in Fatima, Portugal



— Photos by Jay Nies

zation known as America Needs Fatima (www.america-needs-fatima.org)

More photos from this event have been posted in *The Catholic Missourian's* online edition, www.cathmo.com. Select "Photo Galleries" from the "Multimedia" tab on the menu bar.

fatima.org) provides the materials and recruits volunteers to organize the Rosary Rallies in each community.

Participants joined in medi-

tating on the Joyful Mysteries of the Rosary, singing hymns and offering other prayers and litanies.

Immaculate Conception parish council member Trice Davis, who helped organize the local observance, said she was grateful for beautiful weather and a nice turnout.

"We had our first Rosary Rally last year, and it was rainy and cold, so we moved it inside," she said. "But it's supposed to be public, so we're glad we could have it outside this year."

In reclaiming public ground as holy, the people offered

prayers for peace, for conversion and in reparation for sins and indifference against the Sacred Heart of Jesus and His mother's Immaculate Heart.

They distributed programs from two baskets that were painted light blue in honor of the Blessed Mother.

Their banner proclaimed, "Praying the Rosary for America. Please join us!"

Mrs. Dorner said it's good for Catholics and Protestants alike to see what praying with the Blessed Mother looks like.

"We go to Our Lady, and she answers our prayers by taking them to God for us," Mrs. Dorner said. "People passing by see that we don't worship Our Lady. We ask her for her intercession. We ask her to pray for us."

The prayers and devotions in the Rosary Rally program make it clear.

"We praise Christ for particularly Christly things, Godly things," Mrs. Dorner noted. "But we petition Mary to pray for us, to intercede for us."

She said that by praying publicly, participants let the people who were driving by know that they were being loved and prayed for.



Upholding the dignity of human life



Members of the Sedalia Chapter of the Missouri Right to Life, including many St. Vincent de Paul parishioners, hold a silent prayer vigil on a busy stretch of U.S. 50 in front of Walmart from 2 to 3 p.m. on Oct. 6, Respect Life Sunday. Sixty-nine participants are in the group photo, and about 20 others arrived at various times during the event. "Our community is putting our grain of sand in the cooperation of the kingdom of God," stated Deacon Nestor Montenegro.

— Photos by Sedalia Right to Life and Deacon Nestor Montenegro



"The graces are just abundant," she said. "This could be the seed that grows into something that leads people to Christ."

Mrs. Davis said Immaculate Conception parishioners plan to continue the tradition next October.

They hope even more people will take part.

"We plan to grow and grow by the grace of God with love and appreciation of our awesome God and our Mother Mary!" she said.

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CEMETERY

From page 1

calls for putting a wooden cross in the middle and leaving it there until it literally falls apart," he said.

Talk of establishing a cemetery began around the time the parish was founded in 1947.

"It's one of the things that just never got done," said Fr. Lueckenotte. "There was always something else going on."

In the late 1990s, Father James Fuemmeler, now deceased, secured 76 wooded acres off of what is now Business Loop 5 for a new, larger church and a parish education center.

The center was dedicated in 1999, the church in 2000.

The desire persisted for consecrated ground for burying the dead, one of the Corporal Works of Mercy.

As a member of the parish council, Mr. Martin understood that more and more people are choosing cremation instead of burial, and that they need an appropriate, dignified place for their remains to be given back to God.

He researched the matter thoroughly, gathering photos of many types of columbariums and showing them to the rest of the council.

Sam Beckman moved to Camdenon with his wife seven years ago. He became active in St. Anthony parish and eventually got elected to the parish council.

After more research and deliberation, the council and Fr. Lueckenotte resolved to purchase an appropriate columbarium and install it near the church.

Brad Copeland, diocesan director of buildings and properties, advised them not to place it too close to any major structures.

"If there's a fire or a tornado or some other disaster, it could be damaged by the debris," he told them.

The need to find a location farther back on the site brought the idea of a cemetery back into the discussion.

Fr. Lueckenotte had become

familiar with the property, having taken regular walks through the woods to relax.

"He would mark the trees whenever he found a favorite new place to walk," said Mr. Beckman.

An engineering survey of the property concluded that the rocky terrain would not be suitable for a cemetery.

Bill Pauls, a soil scientist for the Missouri Department of Agriculture, moved into the parish shortly thereafter.

He and some colleagues conducted more-thorough soil studies at several locations on the property and found that the location eventually chosen would be suitable for burials.

"It's really no different from the other cemeteries around here in the Ozarks," Mr. Beckman noted. "Every once in a



The new columbarium in St. Anthony Cemetery in Camdenon contains niches for the cremated remains of 124 people.

while, you hit some rock, but you mostly can do it."

The ground was also deemed solid enough to hold a concrete and stone columbarium.

Beauty revealed

The parish embarked on a short capital campaign to raise the needed money.

"Two anonymous donors made substantial contributions," said Fr. Lueckenotte. "The Knights of Columbus and the Sisters in Christ had a few fundraisers, and the rest was basically pay-as-you-go."



Father Daniel Lueckenotte, who was pastor of St. Anthony parish in Camdenon before transferring to the Cuba and St. James parishes and the Rosati mission in July, blesses the new cemetery and columbarium on the grounds of St. Anthony Church this summer.

A civil engineer was hired to survey the location and draw up plans for the site, dividing it into 100 full-size plots and 35 half-size plots for infants and children.

With help from diocesan attorneys, parishioners drafted bylaws for the new cemetery association that will run and maintain the cemetery.

Meanwhile, Mr. Beckman and Mr. Pauls set about clearing back the tangled, Ozarks brush.

"We both grew up on farms and like being out working on something," said Mr. Beckman.

They discovered behind mounds of vines a beautiful, 250-year-old oak and several other trees more than a century in the making.

Momentum increased when the gravel road and circular drive from the church to the cemetery were completed.

"People could drive out and take a look at how beautiful everything is back there," said Mr. Beckman.

Parishioners prepared a concrete foundation on the circular drive for the columbarium, which arrived in one piece and was lifted into place with a crane.

It has space for 124 cremated remains — including single niches and double niches for married couples.

"Unending consolation"

After Mass on a Sunday this spring, Fr. Lueckenotte led a procession from the church doors to the cemetery for prayers of dedication.

"God, Creator of the world and Redeemer of mankind, Who wondrously disposes the destinies of all creatures, visible and invisible; we humbly and sincerely beseech You to hallow, purify and bless this cemetery, where the bodies of Your servants are duly laid to rest, after the labor and fatigue of this life has come to an end," he prayed.

"Pardon, in Your great mercy," the priest continued, "the sins of those who put their trust in You, and graciously grant unending consolation to their bodies that will lie at rest in this cemetery, awaiting the trumpet-call of the Archangel Michael."

Most funeral processions at St. Anthony now follow the same path.

Four concrete benches — one in Mr. Martin's memory — have been ordered for placement near the columbarium.

Several parishioners are talking about creating a memorial garden near the cemetery, with flowering trees and bushes.

"And we're preserving a lot of the forest," said Mr. Beckman.

As people purchase cemetery plots or reserve niches in the columbarium, one-third of the proceeds goes into a special fund, with the proceeds paying for perpetual upkeep.

Fr. Lueckenotte noted that if the need arises, there's plenty of room for more graves in the cemetery and for additional columbariums inside the circular drive.

Hope and vigilance

Fr. Vacca said the new cemetery and columbarium are not only beautiful and contemplative, they serve an important spiritual purpose.

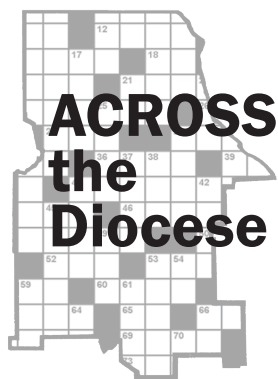
"We need cemeteries for the sake of memory and ritual — to remember loved ones, to speak to them and prepare to join them one day," he said. "Visiting a cemetery keeps us connected to the dead who still live eternally."

"The care of cemeteries is part of our looking toward the resurrection of our bodies on the last day, when Christ comes again," he stated, adding that Catholics profess in the Creed at Mass every Sunday:

"I look forward to the resurrection of the dead and the life of the world to come. Amen."

www.stanthonychurch.org/cemetery-information

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By Father Don Antweiler

ACROSS

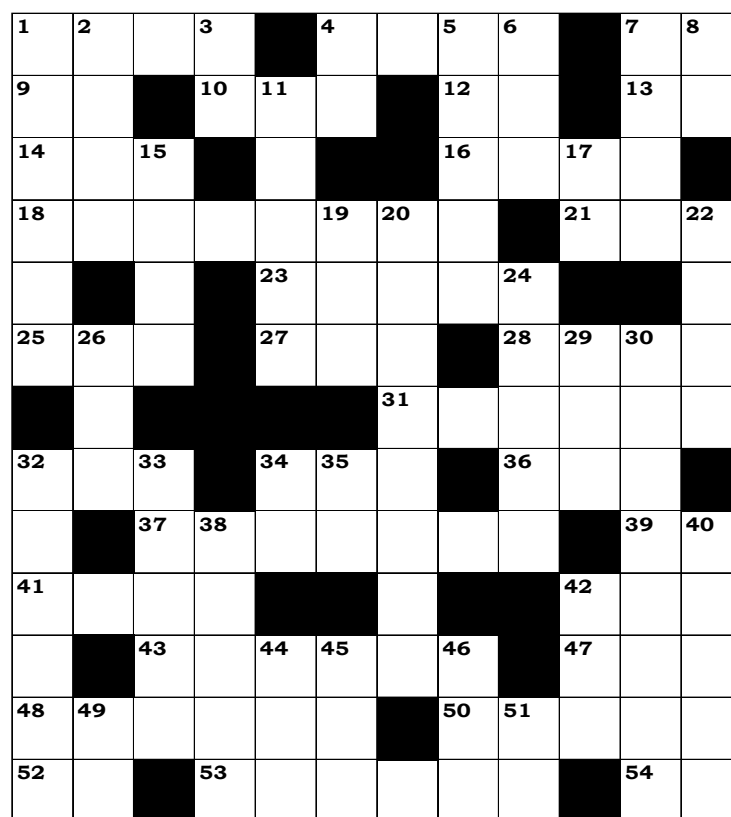
1. While Mo. doesn't see the massive wildfires in western States, nevertheless wildfires in Mo. ____ 25,000-30,000 acres every year.
4. Jacob's twin (Genesis 25:21-26).
7. Abbr. for pound.
9. Prefix for cape.
10. Wise hooter.
12. Liquid petroleum (____) gas is used for heating appliances and cooking equipment.
13. ____-GYN.
14. U.S. code breaking agency.
16. Extreme Middle East terrorist group.
18. Though previously the Mo. Dept. of Conservation (MDC) was primary in responding to wildfires, now rural fire depts., greater in number and with better

- equipment and ____, suppress 90% of wildfires in Mo.
21. Letters for a Church degree in Theology, namely Doctor of Sacred Theology (in Latin: *Sacrae Theologiae Doctor*).
23. "...you have so many good things stored up for many years, rest, eat, ____, be merry!" But God said to him, "You fool..." (Luke 12:19-20).
25. Rip Van Winkle had a long one.
27. In tennis, short for Year-End Championships.
28. This State has the third highest number of farms in the U.S. (86,900) after Texas (240,000) and Missouri (97,300).
31. This Nazi leader was named *Time* magazine's Man of the Year for 1938.
32. Assumption Abbey is a Trappist Monastery near ____, Mo., the County Seat of Douglas Co.
34. Boxing win by points.
36. Electric fish.
37. MDC coordinates requests from volunteer fire depts. for the expensive specialized equip. necessary for wildfires, usually obtained from Army or Nat. Guard ____ property.
39. _____. Bean, outdoor clothing and recreational equip. company.
41. "I'm being eaten by ____ Constrictor," —children's song by Shel Silverstein (2 wds.).
42. Commotion.
43. Some wildfires are deliberately set. MDC's Operation ____ Arson asks citizens to

- report arson anonymously to the MDC.
47. Email addresses for Mo. State officials end in Mo. ____.
48. "The kingdom of Og in Bashan: sixty ____ in all, to say nothing of the great number of unwallied towns," (Deuteronomy 3:4-5).
50. ____ man to another... (2 wds.).
52. Short name for a former spouse.
53. Smokey the Bear, the world's most popular wildfire prevention ____, turns 75 this year.
54. Comparative suffix.

DOWN

1. Thomas Hart ____ was Mo.'s first U.S. Senator. A larger-than-life-size bronze of him in Lafayette Park in St. Louis is the first public sculpture erected west of the Mississippi. Also it was sculpted by one of the very first professional female sculptors in Am., Harriet Hosmer.
2. Cold War foe.
3. "If a man ____ longer had enemies, he would have to invent them, for his strength only grows from struggle," —from *The Lonesome Gods* by Louis L'Amour.
4. ____ Puente is a multifaceted Catholic outreach to Hispanic immigrants in Jefferson City and California, Mo.
5. When the stars ____, you know something good is going to happen.
6. Delivery company.
7. "I shall recall the straying; I shall seek the _____. Whether they wish it, or not, I shall do it," —from



- a sermon on pastors by St. Augustine.
8. Ammo pellet for an air gun.
11. 99% of Mo. wildfires are human caused, e.g. burning trash on a ____ day, carelessly tossed cigarettes, children playing with matches or poorly extinguished campfires.
15. Over 50 group.
17. What time ____ it?
19. Anger.
20. December saint.
22. "Hold ____ to your parents for it is a scary and confusing world without them," —Emily Dickinson.
24. Normal box ____ need a tail to fly but bowed ones do not.
26. 4 wheeler.
29. Sound from a bull fight.
30. "____, my good and faithful servant," —Matthew 25:21 (2 wds.).
32. At his backyard barbecues, he would baste his pork ribs with ____ so spicy I could not eat them (2 wds.).
33. He's got ____ heart when it comes to the poor (2 wds.).
34. Mt. Rushmore Pres.
35. Onerous duty in the army.
38. The five reliable vowels.
40. "This Tremendous _____," by Dom Eugene Boylan is a spiritual classic (1946) laying out a practical program for Christian living.
42. "A long time ____ in a galaxy far, far away..." —Star Wars intro script.
44. T-____; perhaps the apex predator that ever walked the earth.
45. 6th sense.
46. Black goo.
49. 9 in old Rome.
51. Short for saint.

ANSWERS on page 23

WICKERN

From page 9

tells us to pray without ceasing. Yes, we are to pray privately, but we are also to communicate our prayer needs, and to listen and pray for the needs of others. We do this as a community and in communion with our brothers and sisters.

Ephesians 4:15-16 describes our communion as: "Let us profess the truth in love and grow to the full maturity of Christ the head. Through Him the whole body grows, and with the proper functioning of the members joined firmly together by each supporting ligament, builds itself up in love."

In a very real sense, not asking for prayer may deny our brothers and sisters, the Body of Christ, an opportunity to build itself up in God's communal love.

Deacon Wickern assists the pastor at St. Ann parish in Warsaw and the mission of Ss. Peter and Paul in Cole Camp.

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R.I.B.

From page 1

communities,” said John DeLaporte, director of youth ministry and religious education for the diocese.

Each of the programs embraces innovative techniques for supporting catechesis, evangelization and growth, he said.

Helping share the faith locally

Franciscan At Home is an online learning platform that provides catechetical instruction and ministry training for people who serve in faith-formation ministries.

It also provides online learning for adults seeking to grow in faith and knowledge.

“This program seeks to serve Christ and His Church by forming those Catholics entrusted with the formation of others,” Mr. DeLaporte stated.

By blending online learning with guidance from trained mentors in each parish, the program helps people learn to be competent sharers of the faith, while building community and relationships.

The workshops are designed to complement and supplement diocesan formation and continuing education programs, Mr. DeLaporte noted.

They can be used in adult faith formation, sacrament

preparation, the initiation process, clergy enrichment, and in many other areas of parish life.

“This will provide access to high quality content, and help facilitate faith-sharing and community at the local level,” said Mr. DeLaporte.

Franciscan University at Home materials will be made available to the first 20 to 30 parishes following a training session for mentors in late 2019 or early 2020.

Access for the rest of the diocese will follow soon thereafter.

Igniting hearts

The Parish Coaching Cohort is aimed at building healthy, vibrant and welcoming parish communities.

“Good youth and family ministry cannot succeed without such a community,” Mr. DeLaporte noted.

Participating parishes work together to answer important questions about evangelizing and ministering to young people and families in ways that are most relevant to their parish community.

Also of interest to young people is the Knights’ support for Totus Tuus.

This week-long parish catechetical program helps parents and parishes evangelize and catechize young people by providing a fun, faith-filled discipleship-forming experience for those in grades 1 through 12.

Mr. DeLaporte said Totus Tuus is one of the most popular youth programs in this diocese, and the demand continues to grow.

The program is concerned “not only with teaching the faith, but also igniting the hearts of the missionaries and the young people they encounter,” he noted.

More than 1,000 children and teens in 28 parishes took part in Totus Tuus last summer, facilitated by three missionary teams made up of faith-filled college students and seminarians from across the country.

Even more young people are enrolled in this year’s offering.

Heal, build and strengthen

The Missouri Knights expect to raise \$285,000 for the R.I.B. this year.

Knights of Columbus Prayer for Evangelization in Missouri

*Eternal Father, we ask You,
through Your Son Jesus Christ
and the intercession of Mary Immaculate,
Star of the New Evangelization,
to pour forth Your Holy Spirit upon
the four Dioceses of Missouri.
Through the gift of the Holy Spirit,
renew and transform us,
and make fruitful the work of evangelization.
Root us deeply in the heart of Your Son
so that we may radiate Him more fully,
sharing with others the Good News
of salvation in Christ,
Who alone is the fulfillment
of all human desiring.
Transform our parishes.
Make of them shining lights,
beacons of hope that reach those
who are far from You,
drawing them back to Your fold.
Consecrate us in Your truth and
accomplish Your plans in us
according to Your holy will.
Amen.*

The Knights invited each diocese to submit a detailed grant proposal to the state council and Columbian Charities, which approved the grants.

Video and printed materials for each of the sponsored programs will acknowledge the Knights’ sponsorship and assistance.

Brian Ziegler, the Missouri Knights’ new R.I.B. director, said the goal is “to help everyone grow stronger in their faith, and to get people back to the Church who have fallen away.”

Since the Knights of Columbus’s founding in 1882, the order’s members have been committed to charity and to helping priests and bishops share the Gospel.

“That’s why we’re doing this,” said Mr. Ziegler. “We’re trying to build-up Catholic households, where young people grow up practicing their faith and learning about God and what it means to be Catholic.”

Each member of the Knights will be encouraged to lead by example, making the best use of these materials to lead their families and others to Christ, he said.

Knights councils and indi-

vidual members throughout the state support the work of the R.I.B., which for almost 80 years provided free courses

through the Catholic Home Study Service in partnership with the Vincentian priests and brothers in Perryville.

Many of the materials were developed by the late Vincentian Father Oscar Lukefahr, a former state chaplain for the Knights and frequent contributor to *The Catholic Missourian*.

After reevaluating the program, the Vincentians decided last November to end their affiliation with the R.I.B. in order to invest more energy in preaching parish missions.

Outgoing state R.I.B. Promotions Director Jerry Herbert said that while the Knights-Vincentian partnership was immensely fruit-

ful, the change presents new opportunities to work with several other organizations in evangelizing Catholics and non-Catholics alike.

“Today there are issues that we, as lay leaders, can dedicate with our time and resources to help heal, build and strengthen our Church,” Mr. Herbert recently wrote to the state’s 43,000 Knights.

“Our goal is to bring those who are lost back to the Church, especially our youth,” he said.

Engaging a new generation

Speaking to a large group of Knights from throughout Missouri this spring at their state convention in Jefferson City, Mr. DeLaporte noted that many of the time-tested ways the Church went about attracting and engaging young people and their families are no longer working.

“We need new models and new approaches to engage and evangelize a new generation of young disciples,” he said.

These programs do just that. “Each has something unique about them that is proving effective in passing on the faith and growing disciples for Christ,” he stated.

For Samaritan Center

Ken Kuebler accepts donations of nonperishable food outside the Jefferson City Hy-Vee store. Members of Knights of Columbus Fr. Helias Council 1054 and Bishop McAuliffe Council 12992 in Jefferson City collected food outside Hy-Vee, Gerbes West and Walmart on Friday and Saturday, Sept. 14 and 15. People donated over 7,100 pounds of food and about \$3,300 in cash, which was given to Samaritan Center.

— Photo by Christopher Pierce



For Wonderland Camp



The California Annunciation Knights of Columbus Council 9271 in California donate \$500 to Wonderland Camp in Rocky Mount. The money came from the council’s annual Tootsie Roll Drive. It will be used for camp scholarships for Moniteau County residents wanting to attend a week at the camp, which is for individuals with disabilities age 6 and up. People in the photo include: John “Herb” Glenn; Charlie Roll, council Tootsie Roll Drive chairman; Barb Denker, Moniteau County ARC treasurer; Tim Forck, the council’s grand knight; and Dan Hemmel.

Fundraisers & Social Events

Nov. 1

Hermann, St. George School fish & chicken fry, 5-7 pm

Nov. 1-2

St. Robert, St. Robert Bellarmine parish Annual Fall Sale, 9 am-5 pm, church basement

Nov. 2

Columbia, Fr. Tolton Regional Catholic High School "Blaze of Glory" gala, 6-11 pm, for more info or to register visit toltoncatholic.org; **St. Thomas**, St. Thomas the Apostle parish fall fantasy, 6-11:30 pm

Nov. 3

Boonville, Ss. Peter & Paul parish annual turkey dinner, 11 am-5 pm; **Brookfield**, Immaculate Conception parish turkey dinner & K of C Ladies Auxiliary holiday bazaar, 10:30 am-1:30 pm; **Brunswick**, St. Boniface & St. Raphael parishes fall dinner, 11 am-1 pm; **Camdenton**, St. Anthony parish Sisters in Christ turkey dinner, 11 am-3 pm; **Jefferson City**, Immaculate Conception Holy Name pancake breakfast, 7:30 am-noon; **Jefferson City**, St. Peter Ladies Sodality "Sale-A-Rama," 8 am-2:30 pm, Selinger Centre; **Kirkville**, Mary Immaculate School Autumn Auction fundraiser, 11 am, NEMO Fairgrounds; **Macon**, Immaculate Conception

parish ham & chicken dinner, 11 am-1 pm; **St. James**, Immaculate Conception parish Fall dinner, 11 am-3:30 pm; **Shelbina**, St. Mary parish annual turkey dinner, 11 am-1 pm; **Starkenburg**, Church of the Risen Savior parish fall dinner, 11 am-3 pm, Valentine Hall; **Taos**, St. Francis Xavier parish Harvest Festival, 11 am-6 pm

Nov. 6

Jefferson City, Little Box of Sunshine "Purses for a Purpose" fundraiser with silent & live auction, 5:30-8:30 pm, Capital Bluffs Event Center, for tickets call (573) 694-4532 or email olivia.hennon1701@gmail.com

Nov. 8

Linn, K of C fish fry, 5-7:30 pm, St. George parish hall

Nov. 9

Jefferson City, Live comedy show featuring Jonnie W, sponsored by SSM Health St. Mary's Hospital, free admission but non-perishable food items to be donated to Samaritan Center welcome, doors open 5:30 pm, show at 7 pm, Miller Performing Arts Center

Nov. 9-10

Camdenton, St. Anthony parish pie sale, after Masses

Nov. 10

Belle, St. Alexander parish fall dinner, 11 am-4 pm; **Glasgow**, St. Mary parish annual fall din-

ner auction & festival, 11 am-4 pm; **Jefferson City**, Cathedral of St. Joseph annual Christmas Bazaar, noon-6 pm; **Martinsburg**, St. Joseph parish breakfast, 8 am-noon, K of C hall; **Morrison**, Assumption parish breakfast & bake sale, 8 am-noon

Nov. 17

Eldon, K of C breakfast, 8 am-noon; **Linn**, K of C breakfast buffet, 7:30-11:30 am, St. George parish hall; **Linn**, "A Traditional Christmas" free concert with Donna Cori Gibson, 3 pm, St. George Church, followed by chili supper in parish hall; **Wien**, St. Mary of the Angels PSR annual breakfast for St. Jude Children's Hospital, 7:30-11 am

Nov. 23

Mokane, St. Jude Thaddeus Ladies Sodality annual luncheon & bake sale, 10 am-2 pm; **Vienna**, Visitation Inter-parish School steak night & auction, 5:30 pm, Eagles Hall

Nov. 24

Freeburg, K of C breakfast, 6:30-11 am

Nov. 28

Tipton, St. Andrew parish annual Thanksgiving festival, 11 am

Nov. 30

Starkenburg, Sounds of Starkenburg concerts, 1, 3:30 & 7 pm, St. Martin Church

Meetings & Conferences

Nov. 4

Jefferson City, "Be The Change You Wish To See," women's ministry gathering, 6:30 pm, Pleus Hall, Immaculate Conception parish, for info visit diojeffcity.org/womens-ministry/

Nov. 5

Moberly, Area Ultreya for Cursillo, 6:30 pm, St. Pius X parish undercroft, for info visit diojeffcity.org/cursillo

Nov. 8-10

St. Louis, "Come Holy Spirit" National Catholic Charismatic Renewal Leaders and Ministries Conference, Hilton St. Louis Airport, for info or to register call 1-800-338-2445 or visit nsc-chariscenter.org

Nov. 12

Jefferson City, "Let's Talk Faith" women's ministry gathering, 6:30-8 pm, Alphonse J. Schwartze Memorial Catholic Center, for info visit diojeffcity.org/womens-ministry/

Nov. 13

Sedalia, "Be The Change You Wish To See," women's ministry gathering, 11:30 am and 5:30 pm, Sacred Heart parish center, for info visit diojeffcity.org/womens-ministry/, to RSVP, call (660) 827-2311 or email Diane.svdpparish@gmail.com

Nov. 14

Columbia, Boonville, Columbia & Glasgow area Ultreya for Cursillo, 7 pm, Flanagan Hall, Our Lady of Lourdes parish; **Holts Summit**, "Vaping: How Dangerous is This?" presentation with Dr. Joy Sweeney, 6:30 pm, St. Andrew Church

Nov. 16

Shelbina, Area-wide Ultreya for Cursillo & potluck, 6 pm, Fr. Buhman Center

Nov. 28

Columbia, Cursillo School of Leaders, 7-8 pm, Our Lady of Lourdes parish

Liturgical

Nov. 2

Mexico, Mass in Latin in the extraordinary form for all the faithful departed, 10 am, St. Brendan Cemetery

Nov. 3

Columbia, Diocesan Charismatic Mass, 4 pm, Our Lady of Lourdes Church; **Mexico**, Mass in Latin in the extraordinary form, noon, St. Brendan Church

Nov. 5

Linn, Seeking Christ for our Nation Mass, 6:30 pm, St. George Church; **Lake Ozark**, Taize Prayer, 5:30-6 pm, Our Lady of the Lake Church; **Taos**, Seeking Christ for our Nation Mass, 7 pm, St. Francis Xavier Church

Nov. 11

Jefferson City, Veteran's Day Mass, 8:30 am, St. Peter Church

Nov. 12

Starkenburg, Second Tuesday Mass, noon, Shrine of Our Lady of Sorrows

Nov. 13

Lake Ozark, Taize Prayer, 7:30-8 pm, Our Lady of the Lake

Nov. 19

Mary's Home, Seeking Christ for our Nation Mass, 6 pm, Our Lady of the Snows Church

Retreats & Spiritual Renewal

Nov. 2

Jefferson City, Introduction to Centering Prayer, sponsored

by Contemplative Outreach of Central Mo., 9 am-1 pm, St. Joseph Room, Cathedral of St. Joseph; **Hannibal**, Day of renewal with John Carpenter, 9 am-3 pm, Holy Family parish

Nov. 7-10

Moberly, Fall Cursillo Weekend for women, St. Pius X parish, for info visit diojeffcity.org/cursillo

Nov. 8-10

Belleville IL, Women's Quiet Retreat, King's House Retreat Center, for more info or to register call 1-800-779-7909 or visit kingsretreatcenter.org

Nov. 14-17

St. Louis, White House Jesuit Retreat for women, for info visit whretreat.org

Nov. 18-21

St. Louis, White House Jesuit Retreat for women, for info visit whretreat.org

Youth & Young Adults

Nov. 16-18

Quincy, IL, Great River TEC #326 weekend (for ages 16-21), Franciscan Retreat Center of Quincy University, for info visit greatrivertec.org

Nov. 21-23

Indianapolis, IN, National Catholic Youth Conference (NCYC), for info visit oymdiojeffcity.com/ncyc

Health & Wellness

Nov. 3

Jefferson City, Health Fair, 8-11 am, Kennedy Hall, Immaculate Conception parish

Nov. 9

Kirkville, Creighton Model FertilityCare introductory session, noon, Mary Immaculate parish center, to register call 660-665-2466 or email NEMOfertilitycare@gmail.com

Nov. 14

Holts Summit, "Vaping: How Dangerous is This?" presentation with Dr. Joy Sweeney, 6:30 pm, St. Andrew Church

Nov. 16

Jefferson City, Fertility Care introductory session, 10 am, Alphonse J. Schwartze Memorial Catholic Center, to RSVP call (816) 550-8789 or email FertilityCare.Como@gmail.com

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Anniversaries

Brinktown, Holy Guardian Angels

Bill & Jo Ann Bauer, 54 years
Travis & Angie Otto, 19 years
Corey & Amy Neier, 10 years

Brookfield, Immaculate Conception

Robert & Mary Ellen Welsh, 59 years
Matthew & Louise Gladbach, 48 years
Bill & Cherrie Paalhar, 44 years
Jim & Deborah Tollerton, 42 years
William & Janice Allen, 39 years
Paul & Donna Barger, 34 years
Pat & Kathryn O'Kane, 32 years

Chamois, Most Pure Heart of Mary

Tom & Sherry Starke, 40 years

Fayette, St. Joseph

Jerry & Karen Ebbesmeyer, 28 years
Steve & Amy Nation, 14 years

Frankenstein,

Our Lady Help of Christians

Harold & Nancy Jaegers, 54 years

Freeburg, Holy Family

Richard & Lucille Welschmeyer, 55 years
Loyd & Dina Libbert, 41 years
Carl & Phyllis Sandbothe, 37 years
Kevin & Christy Holterman, 30 years
Leroy & Gayla Bauer, 27 years

Jefferson City,

Immaculate Conception

Anthony & Carolyn Bruemmer, 62 years

Jefferson City, St. Peter

Bob & Janice Phillips, 16 years

Jonesburg, St. Patrick

Michael & Kathleen Mohrmann, 54 years
Dave & Pam Roth, 54 years

Kirkville, Mary Immaculate

William & Dorothy Floyd, 67 years
Paulie & Lovella Schmitz, 61 years
Jerry & Lysle Meyer, 51 years
William & Mary Mangini, 41 years
Dana & Sarah Delaware, 40 years
Dan & Celia Hagan, 39 years
Bob & Mary Jane Kiefer, 38 years
James & Betty Cox, 36 years
Heinz & Mary Lou Woehlk, 32 years
William & Trish Sexton, 31 years
Terry Mock & Nancy Bucher, 27 years

Marceline, St. Bonaventure

Jerry & Jeanne Ewigman, 64 years
Jake & Charlene Shermuly, 54 years
Roy & Joanne Palmer, 52 years
Dennis & Brenda Gladbach, 44 years
Dean & Reyna Miller, 10 years

Martinsburg, St. Joseph

Brad & Theresa Shramek, 41 years
Clarence & Janis Deimeke, 40 years
Burt & Dawn Miller, 12 years

Mary's Home, Our Lady of the Snows

Fred & Evelyn Mormann, 75 years
Lucas & Rebecca Schulte, 15 years

Montgomery City, Immaculate Conception

Ignatius & Marian Busken, 67 years
Ron & Dianne Talley, 48 years
Randy & Nancy Hinkel, 40 years
Peter & Carolyn O'Fallon, 38 years
Raymond & Chris Welker, 35 years
Daryl & Nancy Cobb, 25 years
Landall & Angela Wessel, 13 years

Rhineland, Church of the Risen Savior

Deacon Gerald & Mary Korman, 50 years

Rich Fountain, Sacred Heart

Jim & Debbie Boehm, 41 years
Steve & Patty Schnieders, 40 years
Curt & Holly Krieg, 35 years
Butch & Jill Drennen, 30 years

Richland, St. Jude

John & Corma McNeil, 63 years
Bob & Joan Austin, 46 years

St. Anthony, St. Anthony of Padua

Dennis & Marie Schulte, 28 years

Taos, St. Francis Xavier

Daryl & Mary Heet, 43 years

Vandalia, Sacred Heart

Allen & Sheila Ebers, 49 years
Al & Cami Blackman, 18 years

Vienna,

Visitation of the Blessed Virgin Mary

Karl & Carolyn Lake, 57 years
Greg & Malinda Nelson, 32 years
Ryan & Lori Hayes, 16 years

Wien, St. Mary of the Angels

Eddie & Mary Lee Nanneman, 47 years
Larry & Norma Weimer, 46 years
Larry & Margaret Noll, 43 years
Jerry & Sharon Weimer, 37 years

Birthdays

Brookfield, Immaculate Conception — **Martha Claire Flynn**, her 95th on Nov. 19

St. Martins, St. Martin — **Betty Steck**, her 90th

Tipton, St. Andrew — **Jean Lutz**, her 90th birthday

Westphalia, St. Joseph — **Frances Boessen**, her 95th on Nov 6

Deaths

Mary Joan Kespohl — mother of Sue Ryle, principal of Holy Cross School in Cuba — on Oct. 13

Canton, St. Joseph — **Steven Bunger**

Centralia, Holy Spirit — **Arlean Boss**

Columbia, Our Lady of Lourdes — **Eddie Cochran**

Eldon, Sacred Heart — **Tom Herx**

Hermann, St. George — **Mary Trites**

Jefferson City, Immaculate Conception — **Lorene M. Kampeter**

Jefferson City, St. Peter — **Jackson D. Careaga**

Loose Creek, Immaculate Conception — **Daniel L. Brunner, Francis W. Schaefer**

Marceline, St. Bonaventure — **Lawrence Ewigman**

Martinsburg, St. Joseph — **Vincent P. Pursifull**

Moberly, St. Pius X — **David Doss, Craig Simons**

Palmyra, St. Joseph — **Jean Harrison**

St. Clement, St. Clement — **Vickie Feldmann, Bertha Marshall**

St. Martins, St. Martin — **Joseph E. Francka**

St. Thomas, St. Thomas the Apostle — **Patricia L. Loethen, Robert Luebbering**

Sedalia, St. Vincent de Paul — **Peter Daniels, Carl Gramlich, Mildred White**

Tipton, St. Andrew — **Glenda Veulemans**

Wardsville, St. Stanislaus — **Eugene E. Pringer**

Marriages

Cuba, Holy Cross — **Anne Pohlmann & Joseph Howdeshell**

Holts Summit, St. Andrew — **Stephanie Blair & Andrew Frank**

Lake Ozark, Our Lady of the Lake — **Brenda Yajaira Macias Ramirez & Alan Ramirez Hurtado**

Mary's Home, Our Lady of the Snows — **Brittany King & Logan Kirkweg**

Meta, St. Cecilia — **Abby Sturtz & Dylan Berhorst**

Rolla, St. Patrick — **Tere Distler & Gene Klingele; Courtney Brockman & Jason Pfahl**

St. Clement, St. Clement — **Ashley Tepen & Ryan Cox**

Taos, St. Francis Xavier — **Logan Verslues & Demitri Porterfield**

Baptisms

Boonville, Ss. Peter & Paul — **Josie Jean Esser**, daughter of Greg & Shelly Esser; **Waylon Carl Friedrich**, son of Matthew & Jayna Friedrich; **Charlotte Joan Schanzmeyer**, daughter of Aaron & Paige Schanzmeyer

Columbia, Our Lady of Lourdes — **Tucker Miller**

Indian Creek, St. Stephen — **Morgan Belle Hagan**, daughter of Jared & Acacia Hagan

Jefferson City, Cathedral of St. Joseph — **Rylie Nora Martin**, daughter of Jacob & Kristina Martin

Jefferson City, Immaculate Conception — **Maggie Grace Brondel**, daughter of Tory & Hilary Brondel; **Grant Thomas Talken**, son of Clayton & Jennifer Talken

Kirkville, Mary Immaculate — **Clara Marie Altenhofen**, daughter of Brian & Michaela Altenhofen

Marceline, St. Bonaventure — **Charlee Sue, Charlotte Nichole, Jacob Lee**, and **Jesse James Johnson**, children of Travis & Amanda Johnson

Mary's Home, Our Lady of the Snows — **Miles Thomas Doerhoff**, son of Derek & Madison Doerhoff

Rich Fountain, Sacred Heart — **Rhett Michael Thomas**, son of Cody Thomas & Nicole Massman

Richland, St. Jude — **Nolan Francis Lein**

St. Martins, St. Martin — **Oliver and Skylar Wildhaber**, children of Adam & Jeri Wildhaber

Wien, St. Mary of the Angels — **Scarlett Jo Elizabeth Moore**, daughter of Dakota Moore & Mallory White

Elections

Marshall, St. Peter — **Maureen Burks**, as Missouri state regent of the Daughters of Isabella

Names for the People Page

Information for the People Page comes from parish correspondents and individual parishioners, as well as bulletins and newspapers. Submissions for anniversaries (10 years or more), birthdays (90 years or more), and baptisms, deaths, marriages and initiations of local parishioners may be e-mailed to editor@diojeffcity.org; FAXed to (573) 635-2286 (please designate *The Catholic Missourian* as the recipient); or mailed to: *The Catholic Missourian*, P.O. Box. 104900, Jefferson City, MO 65110-4900.

Find us online



Crossword puzzle answers

R	E	J	R	E	P	X	X	E
E	N	O	S	V	S	S	E	I
A	O	G	J	S	E	R	O	F
O	D	V	V	V	O	B	V	U
T	S	U	T	P	R	U	S	S
E	L	E	O	K	V	A	V	A
R	E	L	J	I	H	J	J	J
V	M	O	I	C	E	A	P	V
E	K	N	I	R	D	R	O	O
D	L	G	N	I	N	I	V	R
S	I	S	I	I	V	S	N	A
B	O	P	T	T	W	O	S	E
B	U	V	S	E	N	R	U	B

Jefferson City students learn inclusion lessons

The Down Syndrome Guild of Greater Kansas City gave presentations at St. Peter Interparish School

By Joe Gamm

Students at St. Peter Interparish School received lessons on inclusion the morning of Oct. 28.

Amy Allison, the chief operating officer of the Down Syndrome Guild of Greater Kansas, gave presentations to children about Down syndrome — a condition in which a person has an extra chromosome, which causes low muscle tone, small stature, almond-shaped eyes and developmental issues.

“We’ve been trying to raise awareness for inclusion,” said Gayle Trachsel, of St. Peter Interparish School.

The school also raised some money for the guild. It held “Dress Down for Down Syndrome” day, in which students were allowed to wear casual clothes if they donated a dol-

lar.

The school held multiple assemblies for the presentations.

Allison read the book *Taking Down Syndrome to School*, by Jenna Glatzer, to some of the younger students.

The book tells how someone with Down syndrome feels when they are treated differently than their peers. The book also includes a quiz, intended to reinforce information the students learn.

“We now know that having people with disabilities in schools with students who don’t have disabilities is very beneficial,” Allison said.

She explained — because they take longer to learn than others — Down syndrome babies begin school at 3.

Allison conducted an exercise for students in which they put a large marshmal-



After printing his name using his weighted and oven mitt clad non-dominant hand, Wyatt Slaughter stood up to show his fellow students that he was able to complete the task.

— Photo by Julie Smith, courtesy of the *Jefferson City News Tribune*

low in their mouths and tried to communicate with their neighbors.

The exercise illustrates the difficulty people with Down syndrome have because the muscles in their mouths and their tongues are weak.

She demonstrated a challenge people with Down syndrome face because of their weakened muscles.

Allison asked three students

to place oven mitts on their hands, and try to pick up a pen and write their names with their non-dominant hand.

Although they were able to complete the task, it took them much longer than they would have otherwise. And the results weren’t easy to read.

Older students watched the Down syndrome-awareness film called “Just like You — Down Syndrome.”

The 13-minute film “explores the life, hopes, challenges and dreams of three kids living with Down syndrome,” according to *justlikeyou-downsyndrome.org*.

The film follows the stories of three children with Down syndrome, Allison said.

The Down Syndrome Guild and director Jennifer Greenstreet (Just Like You films) collaborated on the film and released it seven years ago, she said.

Mr. Gamm is a reporter for the Jefferson City News Tribune (www.newstribune.com). His article is republished here with permission.

Praying with Fr. Coleman



TOP: Fr. Michael Coleman, a chaplain at Fr. Tolton Regional Catholic High School in Columbia, leads the varsity Trailblazers and the Helias Catholic High School varsity Crusaders in prayer after their Oct. 4 game in Jefferson City.

— Photo by Stephen Jones

BOTTOM: Fr. Coleman leads the girls varsity softball Trailblazers and the Linn High School Wildcats in prayer after a hard fought district playoff game, which the Trailblazers won.

— Photo from Fr. Coleman’s Facebook page

The thrill of victory



**UNDEFEATED
REGULAR SEASON
KAYSINGER CONFERENCE CHAMPIONS**

Sedalia’s Sacred Heart High School Gremlins varsity boys soccer team completed an undefeated season and clinched the Kaysinger Conference regular season conference championship Oct. 25.

— Photo from Sacred Heart School’s Facebook page

Jesus and Zacchaeus

By Joe Sarnicola
Catholic News Service

Jesus arrived at the city of Jericho, intending only to pass through it without stopping for the night. When word spread that Jesus was there, a crowd of people who wanted to see Him quickly formed. In that crowd was a man named Zacchaeus.

Zacchaeus was the chief tax collector and a very wealthy man. He was also very short. Too short, in fact, to see Jesus over the other people in the village.

Zacchaeus had an idea. He would run ahead of the people and try to find a tree. He found a sycamore tree up the road that was directly in the path of Jesus. Up the trunk and across the branches Zacchaeus climbed. He could see Jesus coming now. Jesus would be walking under the tree very soon.

Jesus walked closer and



closer. Then He stopped for a moment. He was directly under Zacchaeus. Jesus looked up. He looked directly into the eyes of Zacchaeus and said, "Zacchaeus, come down quickly, for today I must stay at your house."

Many thoughts passed

through Zacchaeus' mind. How did Jesus know he was in the tree? How did Jesus know his name? And why did He want to stay in his house when He was free to stay with anyone He wanted to?

Many thoughts also went through the minds of the

people in the crowd. Tax collectors were not the most popular people in the city, especially those who may have been dishonest, as they believed Zacchaeus to be. They voiced their opinions loudly enough for both Jesus and Zacchaeus to hear. "Jesus has gone to stay at the house of a sinner."

But the kind of man who climbed down from the tree was not the same kind of man who had climbed up into it. Zacchaeus looked at the people, then he turned to Jesus. He gave Jesus a hug of gratitude. "Lord," he said, "I shall give half of my possessions to the poor. And if I have extorted anything from anyone

I shall repay it four times over."

The people were astonished at what Zacchaeus had said. Half his possessions to the poor? Repaying people four times over? What had happened to the tiny tax collector?

Jesus placed His hands on Zacchaeus' shoulders and said: "Today salvation has come to this house because this man, too, is a descendant of Abraham. For the Son of Man has come to seek and to save what was lost."

Read more about it...

Luke 19

1. Why did Zacchaeus climb the tree?
2. What did Zacchaeus tell Jesus he would do?

Bible Accent

The Mass has four main sections: the introductory rites, the Liturgy of the Word, the Eucharist and the concluding rites. The introductory rites include the entrance procession, the penitential rites, the Gloria, and prayer. The Liturgy of the Word contains the readings from the Bible, the homily, the creed and the Prayer of the Faithful. The Eucharist

involves the preparation and offering of the gifts, prayer, the memorial acclamation and Holy Communion. The concluding rites end the Mass with a closing prayer, a blessing and dismissal.

Prayer is an important part of every section of the Mass, and we should make it an important part of our lives as well.

Our understanding of the

Church and its teachings can only improve by our regular participation in the Mass.

Trivia

How many men did Jesus choose to be His first disciples?

Answer: 12

Puzzle

Fill in the blank with the correct word from the list to complete the Lord's Prayer.



Our _____, Who art in _____, hallowed be Thy _____, Thy _____ come. Thy will be done on _____ as it is in heaven. Give us this day our daily _____, and _____ us our trespasses as we forgive those who trespass _____ us. And lead us not into _____, but _____ us from evil.

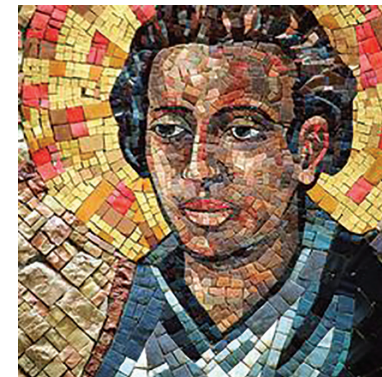
List of Choices: temptation; Father; bread; heaven; deliver; earth; against; name; forgive; kingdom

Answers: (1) Father; (2) heaven; (3) name; (4) kingdom; (5) earth; (6) bread; (7) forgive; (8) against; (9) temptation; (10) deliver.



Saint Spotlight

Martin de Porres
1579 - 1639
FEAST NOVEMBER 3



This illegitimate son of a freed Panamanian slave and a Spanish knight became a hero to the people of Lima, Peru, his birthplace, for his compassionate care of the sick and poor. Apprenticed at age 12 to a barber-surgeon, Martin also learned herbal medicine from his mother. After working for several years at a Dominican monastery as a Third Order member, he made his profession as a lay brother in 1603. He founded an orphanage and foundling hospital, ministered to African slaves, practiced great penances and experienced mystical gifts. Martin was carried to his grave by prelates and noblemen and all Peruvians acclaimed him their beloved saint. He is the patron of hairdressers and interracial justice.

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Season 2 of “Everyday Heroes” now available on the New *KofC.org*

The Knights of Columbus has launched the second season of its popular video series “Everyday Heroes.”

The 11 short-form documentaries introduce viewers to ordinary Catholic men living and finding their faith in extraordinary ways.

Whether returning to the wrestling mat after a life-changing accident, creating a safe place that provides hope and help for the families of sick children, bringing clean drinking water to Guatemalans or making the ultimate sacrifice to save classmates, these men truly are heroes.

Kicking off this season is “Running for Grace.” In this episode, Trevor Miller, an accomplished lefty reliever in the Major Leagues, faced his greatest challenge when he became



Grant Aasen and Harrison Butker are featured in an “Everyday Heroes” Season 2 episode titled “Faith, Friendship and Football.”

the father of a child born with a rare genetic disorder.

Miller learned to measure success by the daily will to live for his daughter, Grace, and the lessons of love and self-sacrifice that she taught him and his family.

The videos provide an excellent opportunity to introduce men and their families to the Knights of Columbus

The first and second seasons of “Everyday Heroes” are available to view on kofc.org/heroes.

Enlightening new book applies a Catholic approach to Old Testament

Aurora, Ohio Spiritual seekers are invited to explore the Old Testament and understand its vital role in the New Testament, as well as reflect on its implication for understanding the teachings of Jesus in the new book, *The Jewish Background of Christianity in God’s Plan of Salvation: A Catholic Ap-*

proach to the Old Testament, written by Marianne Ivany, D. Min.

The book presents an easy-to-understand overview of the major narratives that comprise the story of salvation history, while offering appreciation for the role of Israel as God’s chosen nation and the Jewishness of Jesus.

Dr. Ivany also provides readers with a fuller understanding of the Jewish background of the Catholic faith and the impact it may have on their outlook for proper Christian living.


Each chapter also includes a short prayer from the Book of Psalms, appropriate to the theme or historical period being discussed, as well as a brief reflection and list of discussion questions on aspects of the material.



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On air






Mustard Seed
Sunday Scripture readings
and reflections

Sundays, 10:06 am, KWIX-AM 1230, Moberly
Sundays, 8 am, KRLL-AM 1420, California

EWTN and other
Catholic programming
Covenant Radio Network
broadcasts

KHJR 88.1 FM, Jefferson City
KBKC 90.1 FM, Moberly
KEFL 91.5 FM, Kirksville
94.7 FM, Columbia
103.3 FM, Fulton
K216GM 91.1 FM, Canton

Movie Ratings

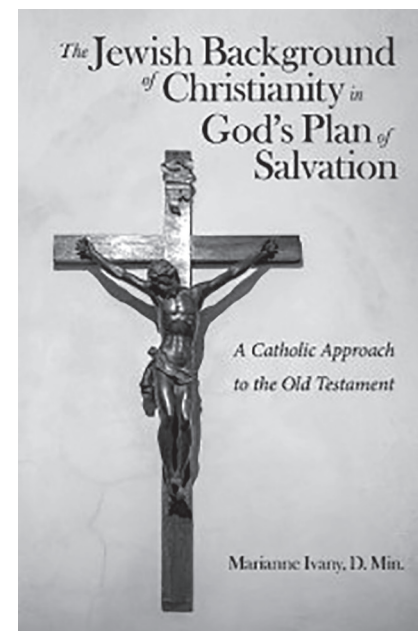
 General Patronage	Abominable (PG)
 Adults and Adolescents	The Addams Family (PG) Maleficent: Mistress of Evil (PG)
 Adults	Ad Astra (PG-13) Black and Blue (R) Countdown (PG-13) Downton Abbey (PG) Harriet (PG-13)
 Limited Adult Audience	Gemini Man (PG-13) Joker (R)
 Morally Offensive	Hustlers (R) Jexi (R) Rambo: Last Blood (R) Zombieland: Double Tap (R)

Ratings are supplied by the U.S. Conference of Catholic Bishops Film and Broadcasting Office. Visit www.usccb.org for current reviews.

Since 2011, the book’s author has been facilitating Catholic adult faith formation and Bible study programs at the parish level and at Catholic institutes for higher learning.

She has the ability to explain complex theological concepts and scriptural themes in a clear, intriguing and inspiring manner.

Dr. Ivany completed the study for a master’s degree




in Theology and a Doctor of Ministry degree both at St. Mary Seminary and School of Theology in Wickliffe, Ohio.

The Jewish Background of Christianity in God’s Plan of Salvation is her first book, which is available through christianbook.com and West-

Bow Press.

For more information, visit:

www.marianneivany.com



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PIPE ORGANS

From page 10

for maintaining these instruments for future generations.”

At his previous parish assignment in St. Thomas, he discovered a mostly intact, 19th-century pipe organ that had been silent for decades.

In consultation with the parishioners, an organ builder was commissioned to restore the organ mechanism and the nine ranks of pipes.

The restored 8-foot Open Diapason was the first to be reinstalled.

“I was simply blown away when I heard it play for the first time,” said Fr. Secrist. “There was a richness of tone, a cohesiveness.”

That’s when he nicknamed that instrument “Phyllis” — a reference to Psalm 90:14: “Fill us with Your love, O Lord, and we will sing for joy!”

“That relatively modest instrument of nine ranks definitely ‘fills’ the church,” Fr. Secrist said. “And the people started singing better with the fuller accompaniment.”

Greater connections

Fr. Secrist led the Gregorian chant schola at the Pontifical North American College when he was a seminarian in Rome.

His membership in the American Guild of Organists (AGO), the Organ Historical Society (OHS) and other organizations has kept him stay in regular contact with world-renowned composers, musicians, organ builders and teachers.

He was recently appointed to serve as the AGO’s District Convener for Missouri. This will keep him in close contact with the deans of the guild’s various chapters throughout the state, helping to promote their work.

Meeting regularly with other Christian pastors in Jefferson City, he has found some com-

mon interest in the pipe organs in their houses of worship.

“Music can always be a means of bringing about greater connections,” he said.

Now, as pastor of another parish with a historical pipe organ, he continues to schedule and promote concerts with the instrument as a means of fellowship and cultural enrichment.

He recently invited an accomplished organist and vocalist duo to St. Peter Church for a free performance of classic and contemporary works for parishioners and the local community.

The local AGO chapter, with members of many congregations, was well represented at the performance.

It was October, the Month of the Rosary, so Fr. Secrist and the performers put together a program of Marian pieces.

“To get a large number of Protestants to stand up and sing, ‘Hail, Holy Queen’ is no small thing!” he said.

Deepest longings

Fr. Secrist noted that through the centuries, music and art have contributed significantly to the wellbeing of civilization and society.

Just as the Church in its mission of preaching the Gospel has drawn together people of numerous nationalities, cultures and political situations, “so, too, can music be that kind of a link between people of diverse backgrounds,” he said.

He asserted that music has the power to reveal love at its deepest level.

“And whom should we love more than anybody else but the Lord?” he said. “So the music that we use is an expression of that love, of the deepest longings of our heart.”

WELLNESS

From page 4

“I’m the ‘naggy’ nurse who calls to ask a lot of questions like ‘Are you weighing yourself every day and taking your medicine as prescribed?’” she said. “If I pick up on something changing, then I am strongly encouraging a call or visit to the doctor. Basically, I’m trying to help avoid going back into the hospital.”

All of this ties nicely into her new role with the diocese, she said.

Practical experience

Sister Kathleen Wegman SSND, diocesan director of pastoral and charitable services, contacted Mrs. Bax this spring about taking on an extra role for the diocese. “Sister and I have been friends for a long time,” said Mrs. Bax. “She knows I’m a nurse and that I have a husband and four sons. I think that might

have led her to me because I am well accustomed to men and their sometimes complicated relationship with healthcare.”

Mrs. Bax pointed out that maneuvering the healthcare system can be extremely overwhelming for anyone who is trying to handle it alone.

“I think it helps to have someone to talk with about those things; to have somebody to help think through healthcare questions or decisions that may be facing someone,” she said.

Well and good

Since July 1, Mrs. Bax has been traveling the diocese making individual visits with priests in order to get to know them.

“Wellness is more than physical health,” she noted. “It encompasses the physical, emotional, spiritual and professional

aspects of a person’s life.”

“And in order to be well, it has to be something you think about, something you have an awareness of, and something you stay on top of, so that, hopefully, you can avoid a crisis situation,” she said.

She has enjoyed the opportunity to visit with priests in their homes and in the midst of their ministries.

“These guys are awesome!” she said. “It’s been a very enriching experience for me just to sit across from them in their parish office or at their dining-room table.

“There are things I’m learning about them that are flat-out cool!” she said.

“To realize some of the talents and interests they have, some of the experiences they’ve had, maybe as missionaries in other

Daily Readings

Sunday, Nov 3

THIRTY-FIRST SUNDAY IN ORDINARY TIME

Wis. 11:22-12:2
Ps. 145:1-2, 8-11, 13-14
2 Thes. 1:11-2:2
Lk. 19:1-10

Monday, Nov 4

St. Charles Borromeo, bishop
Rom. 11:29-36
Ps. 69:30-31, 33-34, 36
Lk. 14:12-14

Tuesday, Nov 5

Rom. 12:5-16b
Ps. 131:1b-3
Lk. 14:15-24

Wednesday, Nov 6

Rom. 13:8-10
Ps. 112:1b-2, 4-5, 9
Lk. 14:25-33

Thursday, Nov 7

Rom. 14:7-12
Ps. 27:1bcde, 4, 13-14
Lk. 15:1-10

Friday, Nov 8

Rom. 15:14-21
Ps. 98:1-4
Lk. 16:1-8

Saturday, Nov 9

THE DEDICATION OF THE LATERAN BASILICA
Ez. 47:1-2, 8-9, 12
Ps. 46:2-3, 5-6, 8-9
1 Cor. 3:9c-11, 16-17
Jn. 2:13-22

The Holy Father’s prayer intentions for November:

That a spirit of dialogue, encounter, and reconciliation emerge in the Near East, where diverse religious communities share their lives together.

Sunday, Nov 10

THIRTY-SECOND SUNDAY IN ORDINARY TIME

2 Mc. 7:1-2, 9-14
Ps. 17:1, 5-6, 8, 15
2 Thes. 2:16-3:5
Lk. 20:27-38 or 20:27, 34-38

Monday, Nov 11

St. Martin of Tours, bishop
Wis. 1:1-7
Ps. 139:1b-10
Lk. 17:1-6

Tuesday, Nov 12

St. Josaphat, bishop, martyr
Wis. 2:23-3:9
Ps. 34:2-3, 16-19
Lk. 17:7-10

Wednesday, Nov 13

St. Frances Xavier Cabrini, virgin (USA)
Wis. 6:1-11
Ps. 82:3-4, 6-7
Lk. 17:11-19

Thursday, Nov 14

Wis. 7:22b-8:1
Ps. 119:89-91, 130, 135, 175
Lk. 17:20-25

Friday, Nov 15

St. Albert the Great, bishop, doctor of the Church
Wis. 13:1-9
Ps. 19:2-5b
Lk. 17:26-37

Saturday, Nov 16

St. Margaret of Scotland; St. Gertrude, virgin
Wis. 18:14-16; 19:6-9
Ps. 105:2-3, 36-37, 42-43
Lk. 18:1-8

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countries ... just the beauty of seeing how their faith is who they are ... that’s added so much to my life in a very short time,” she said.

“Relying on God”


Mrs. Bax said people can help support the priests by praying for them daily, being a friend for them and encouraging them to take care of themselves.

“If you notice that things seem a little off, mention it to

them,” she suggested. “Don’t be afraid to ask them if they are feeling OK. Encourage them to get things checked out if they seem like they should.”

She asks for prayers for wisdom and guidance for her as she serves the priests.

“I know I don’t have all the answers to all the questions,” she said. “I’m relying on God to help me. I know that He’s Who has drawn me to this, so I give it over to Him.”



A Steward's Way
ADVENT SMALL GROUP STUDY

DIOCESE OF
Jefferson City

LEARN MORE AT:
DIOJEFFCITY.ORG/ADVENT2019

Bishop W. Shawn McKnight invites you to join your parish's Advent Small Group Study reflecting on Pope Francis' encyclical, *The Joy of the Gospel*.

This Diocesan-wide study will take place during the four weeks of Advent, and all materials for leaders and members will be provided by the Diocese.

If you are willing to lead a small group experience at your parish, please contact your parish office.

Priests' Requiem Mass



St. Boniface & St. Raphael
FALL DINNER
Brunswick
Knights of Columbus Hall

Sunday NOV 3
11 am to 1 pm
Turkey & Ham with all the trimmings
Carryouts available

DATE: November 8
TIME: 11 am

Bishop W. Shawn McKnight will offer a Requiem Mass for the deceased priests of this diocese at 11 a.m. on Friday, Nov. 8, in St. Pius X Church, 209 S. Williams St. in Moberly.

St. Alexander Church, Belle

Fall Dinner
Sunday, November 10
11 am - 4 pm

German Pot Roast & Fried Chicken
with real mashed potatoes & gravy, corn, green beans, sauerkraut, applesauce, great northern beans, homemade desserts, coffee & tea
Adults \$12 ~ Kids \$5 ~ Kids 5 and under FREE



Don't Forget!
ST. FRANCIS XAVIER PARISH
HARVEST FESTIVAL
This Sunday
November 3
11am-6pm
Taos

Experience the mystery of the Incarnation as Mary might have...



A Traditional Christmas
Favorite carols, hymns
sing-alongs and meditations

Donna Cori Gibson
in concert

November 17 • 3 pm • St. George, Linn
Chili supper to follow in parish hall

For more information, contact St. George Rectory at 573-897-2293
Previews & free downloads at www.DonnaCoriGibson.com

St. Mary Parish Annual
FALL DINNER
Auction & Festival • St. Mary School
Glasgow
Sunday, November 10
Turkey, Ham, Dressing, Dessert and More!
Adults \$10 • Ages 5-10 \$5 • 4 & under FREE • Carryouts \$11
Served from 11 am to 4 pm

Craft Corner • Country Kitchen • Festival Booths
Games for all ages • Auction 5 pm at K of C Hall

Holy Name Society
PANCAKE & SAUSAGE BREAKFAST



Adults \$7
Children 12 & under \$3
Age 4 & under FREE
Carryouts available

SUNDAY, NOVEMBER 3 from 7:30 am to noon

Bring your family and friends!

Immaculate Conception Parish, Kertz Hall
Jefferson City



Cathedral of St. Joseph
59th Annual
CHRISTMAS BAZAAR
2215 West Main, Cathedral Undercroft
Jefferson City
Sunday, November 10

Turkey and Roast Beef Dinners served family-style from Noon to 6pm
Adults \$12, Kids 6-10 \$6, 5 & under Free
Carryouts available

Country Store ❖ Crafts ❖ Silent Auction
Bottle Booth ❖ Grand Prize

SALE-A-RAMA!
Holiday Gift Show & Sale
Sunday, November 3
8 am - 2:30 pm
St. Peter Church Selinger Centre - 212 Broadway
Jefferson City

Local Artisans * Holiday Decor * Snack Bar
Handmade Jewelry * Homemade Soups * Quilts
Country Store * Homemade Baked Goods * Prizes

Everyone Welcome! Admission 50¢
Sponsored by the St. Peter Ladies Sodality